

## What is Youth Work?

Youth work is complementary to the formal, academic or vocational education of a young person. It is a planned programme designed to help and support the personal and social development of the young person. Youth work is based on voluntary involvement and provided mainly by youth work organisations at local community level. It can take place in youth clubs, youth groups, youth projects and youth services with professional youth workers and volunteers. Youth work was given formal statutory recognition in the Youth Work Act 2001.

## Intercultural Youth Work

Intercultural youth work is based on the understanding that ethnic and cultural diversity enriches our communities and that in intercultural youth settings everyone has a sense of belonging, is respected, and can contribute. It recognises the need to build programmes that support this, that builds trust with families and develops skills and competencies. It considers it to be the responsibility of all to work towards achieving a society based on equity and inclusion where all young people can reach their potential. This involves the development of practice and policies that facilitate dialogue to build understanding and collaboration among and between different cultures and ethnic groups. It recognises that racism is a barrier to inclusion and that steps must be taken to address it.

*The NYCI Equality and Intercultural Programme is funded by the Scheme to Support National Organisations which is funded by the Government of Ireland through the Department of Rural and Community Development*



See online map on [www.youth.ie/online-interactive-map](http://www.youth.ie/online-interactive-map)

# Youth Work Activities for Children and Young People in Co Donegal

This leaflet was developed by the National Youth Council of Ireland to support young people in Asylum Seeker Accommodation Centres and young people in Refugee Resettlement Projects to link with Youth Activities in their area

## Accommodation Centres in Donegal

Letterkenny  
Ballybofey  
Convoy  
Lifford  
Donegal town  
Buncrana

The logo for the National Youth Council of Ireland (NYCI) is located in the bottom right corner. It features the acronym 'NYCI' in large, bold, dark blue letters. To the right of the acronym, the full name 'National Youth Council of Ireland' is written in a smaller, dark blue font. The logo is set against a large, abstract, light blue shape that resembles a stylized map of Ireland or a splash of paint.

**NYCI** National Youth Council of Ireland



Youth Work Ireland, Equality 17 Conference, 2017.

## ما هو العمل الشبابي؟

العمل الشبابي هو المكمل للتعليم الأكاديمي أو الرسمي أو المهني للشباب. هو برنامج مخطط ومصمم لمساعدة ودعم تطوير الشباب ذاتيا واجتماعيا. العمل الشبابي يعتمد أساسا على العمل التطوعي و مصدره الرئيسي منظمات الشباب على مستوى المجتمع المحلي. ويمكن إقامته بنوادي الشباب، الحلقات الشبابية، مشروعات الشباب أو الأماكن الخدمية بالتعاون مع عاملين مختصين في العمل مع الشباب و متطوعين.

## ما هو العمل الشبابي الثقافي؟

هو ما أدرك أن الاختلاف الثقافي و العرقي بالمجتمعات يزيد ثراءها. وهذا الاتجاه يتضمن تطوير السياسات والمعاملات التي من شأنها أن تدعم التوصل و التفاهم و التكامل بين المجموعات المختلفة ثقافيا و عرقيا. و إنه لضروره لضمان التلاحم المجتمعي و العيش المتجانس بين الثقافات المختلفة في المجتمع الواحد.

كما يؤمن أن العمل به مسؤولية و التزام من الجميع للوصول إلى مجتمع مبني على المساواة و التضامن.

و قد أدرك الحاجة لإنشاء برامج تدعم الشخصية الثقافية و الانتماء و بناء الثقة مع العائلات و تطوير المهارات و التنافسية.

إن العمل الشبابي الثقافي ليس بإضافة و إنما هو راسخ في تفكيرنا و تخطيطنا و تقييمنا لضمان الوصول لنتائج عادله و متساويه للجميع.

## Qu'est-ce que le 'Youth Work'?

Le 'Youth Work' est complémentaire à l'éducation formelle, académique ou d'apprentissage d'une jeune personne. C'est un programme planifié conçu pour aider et soutenir le développement individuel and social de la jeune personne. Le travail pour jeune est basé sur l'engagement volontaire et est fourni principalement par des organisations bénévoles de travail de jeune au niveau d'une communauté locale. Il peut se passer dans des clubs de jeunesse, des groupes de jeunesse, des projets ou des services de jeunesse, avec des travailleurs professionnels de jeunesse and des bénévoles. Le travail pour jeune avait reçu une reconnaissance statutaire dans la Loi de 2001 sur le Travail avec les Jeunes.

## L'Interculturalisme?

Le travail interculturel des jeunes est basé sur la compréhension que la diversité ethnique et culturelle enrichit nos communautés et que dans les contextes interculturels des jeunes, tout le monde a (devrait avoir) un sentiment d'appartenance, est respecté et peut contribuer. Il reconnaît la nécessité de mettre en place des programmes qui soutiennent cela, qui renforcent la confiance avec les familles et développent les aptitudes et les compétences. Il considère qu'il est de la responsabilité de tous d'œuvrer à la réalisation d'une société fondée sur l'équité et l'inclusion où tous les jeunes peuvent réaliser leur potentiel. Cela implique l'élaboration de pratiques et de stratégies qui facilitent le dialogue afin de renforcer la compréhension et la collaboration entre les différentes cultures et groupes ethniques. Il reconnaît que le racisme est un obstacle à l'inclusion et que des mesures doivent être prises pour y remédier.

## Youth Groups in Co. Donegal

### Donegal Youth Service

To provide a fun and safe space for young people to meet, learn and be part of the community and participate in social education, sport, artistic and recreational activities.

**Location:** 16-18 Port Road Letterkenny, Co. Donegal

**When do we meet:** Weekly

**Age group:** 12-24 yrs

**When and how you can join:** There is a range of different groups throughout the year. Contact Lorraine Thompson for more details.

**Contact details:** Manager DYS Lorraine Thompson Email: [lorraine.thompson@donegalyouthservice.ie](mailto:lorraine.thompson@donegalyouthservice.ie)

**Travel:** Young people would need to travel to group.

**Web:** <http://www.donegalyouthservice.ie>

## Scouting Ireland

Scouting Ireland is part of the worldwide movement of Scouting. We work through a non-formal educational approach with boys and girls. We focus on the development of young people as whole individuals, by building knowledge, skills, responsibility but above all character. In Ireland, as across the globe, Scouting works on team building, leadership, outdoor learning, a code of living and service to others. Scouting Ireland is working toward an inclusive environment, that it is not just open to all, but welcoming to all.

**Location:** There are a number of scouting groups in Donegal

For locations see <https://www.scouts.ie/Get-involved/Group-Locator/>

**When do we meet:** Usually once a week from September to July as well as overnight trips

**Age Groups:** Beavers aged 6-8; Cub Scouts aged 9-11; Scouts aged 12-15; Venture Scouts aged 15-17; and Rovers aged 18-25

**Contact Details:** Áine Ferris on [aferris@scouts.ie](mailto:aferris@scouts.ie) or phone 087 3425899

**When and how you can join:** Enquire anytime. Places can be limited if we don't have enough Leaders. You may have to wait until September to join your local group. [[www.scouts.ie/about/About-Scouting](http://www.scouts.ie/about/About-Scouting)]

**Travel:** Young people would need to travel to the group.

See online map on [www.youth.ie/online-interactive-map](http://www.youth.ie/online-interactive-map)

## Що таке робота з молоддю?

Робота з молоддю є доповненням до формальної, академічної чи професійної освіти молодої людини. Це спланована програма, покликана допомогти та підтримати особистий та соціальний розвиток молодої людини. Робота з молоддю базується на добровільному залученні та здійснюється переважно молодіжними організаціями на рівні місцевих громад. Це може відбуватися в молодіжних клубах, молодіжних групах, молодіжних проектах і молодіжних службах з професійними молодіжними працівниками та волонтерами. Робота з молоддю була офіційно визнана в Законі про роботу з молоддю 2001 року.

## Міжкультурна робота з молоддю

Міжкультурна молодіжна робота базується на розумінні того, що етнічне та культурне розмаїття збагачує наші спільноти і що в міжкультурному молодіжному середовищі кожен має почуття приналежності, поважається та може зробити свій внесок. Вона вбачає необхідність створювати програми, які підтримують це, які зміцнюють довіру в родині і розвивають навички та компетенції. Вона передбачає відповідальність усіх працювати над досягненням суспільства, заснованого на справедливості та інклюзивності, де всі молоді люди зможуть реалізувати свій потенціал. Це передбачає розвиток практики та політик, які сприяють діалогу для побудови розуміння та співпраці між різними культурами та етнічними групами. Вона вбачає, що расизм є перешкодою для інклюзивності та що необхідно вжити заходів для його усунення.

## Other specialist youth organisations:

These youth organisations may offer something to those with specialist interests.

**Boys Brigade** and **Girls Brigade**: National uniformed organisations underpinned by the Christian faith

**Irish Red Cross Youth**: Youth section of Irish Red Cross

**Irish Youth Orchestras**: Umbrella body for community-based music groups

**Localise**: National Youth Volunteers organisation that enables young people to be change makers in their community through service to others

**No Name Club**: National youth clubs that promote a lifestyle in which the use of alcohol or drugs is seen to be unnecessary

**Order of Malta**: Junior section of the ambulance corps

**SpunOut**: Interactive online community providing information on health, signposting to support services, and offering a youth media space

**USI**: Union of Students in Ireland

**USSI**: Union of Secondary Schools in Ireland, supporting young people having a voice and decision making

**Voluntary Services International (VSI)**: Focus on youth volunteering in Ireland and overseas

**Young Irish Filmmakers**: A national development and educational youth film making organisation with their base in Co Kilkenny

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## Gaisce: The President's Award

Gaisce – The President's Award is a self-development programme that encourages young people aged 14-25 to find their passion, get active and make a difference in their community. Gaisce is a direct challenge from the President of Ireland to young people to dream big and realise their potential. There are three levels of Gaisce – Bronze, Silver and Gold. The more time and energy you give, the greater the reward. By taking part in Gaisce, you will take on exciting personal, physical, community, and team challenges and develop new skills and new friendships. A President's Award Leader (PAL) will support you throughout your Award Journey.

Gaisce aims to ensure young people aged 14-25 who are seeking asylum, or who are refugees in Ireland have the opportunity to participate in Gaisce – The President's Award.

**Location**: Various locations, contact the Gaisce team for more information

**When do we meet**: Participants engage with a project for 1 hour a week as a minimum.

**Age group**: 14 – 25

**When and how you can join**: Anytime during the year

**Contact details**: Email Karol Quinn at [karol@gaisce.ie](mailto:karol@gaisce.ie) or call 087 3393301

**Website**: [www.gaisce.ie](http://www.gaisce.ie)

## Foróige

Our purpose is to enable young people to involve themselves consciously and actively in their development and in the development of society. Foróige works with all young people through our general services. Foróige services encourage young people to take responsibility for themselves and to be part of shaping the world around them while developing their talents, skills and abilities. We also work with vulnerable young people who require additional support through a full range of targeted services.

**Location of Youth Groups:** There are numerous Foróige Clubs in County Donegal. For locations see [www.foroige.ie/foroige-map](http://www.foroige.ie/foroige-map)

**When do we meet:** Weekly

**Age group:** 10-18

**When and how you can join:** There is a range of different groups throughout the year contact for more details.

**Contact details:** Northwest Area Manager, Claire Gavigan phone 086 8312826 or email [claire.gavigan@foroige.ie](mailto:claire.gavigan@foroige.ie)

**Travel:** Young people would need to travel to the youth centre.

**Web:** [www.foroige.ie](http://www.foroige.ie)

See online map on [www.youth.ie/online-interactive-map](http://www.youth.ie/online-interactive-map)

## Catholic Guides of Ireland

The Catholic Guides of Ireland (CGI) is a Nationwide association open to girls and women from all backgrounds. CGI provides accessible Guiding opportunities within a safe environment to enable all girls and young women to develop to their full potential. We encourage members to explore Creativity, Health, Out of doors, International, Communication, Environment and more. Our members are empowered and inspired to actively engage in various local and global issues, and to recognise the contribution they make to society. Members have opportunities to gain skills in the areas of leadership & teambuilding, and they develop self-esteem and pride in themselves and their capabilities.

**Location:** See locations at [www.girlguidesireland.ie/find-a-local-unit](http://www.girlguidesireland.ie/find-a-local-unit)

**When do we meet:** Weekly from September to June with occasional activities during the summer months

**Age Group:** Cygnets: 5-6, Brigini: 6/7-10/11, Guides: 10/11-17, Guiders: 18+

**Contact details:** Contact [admin@girlguidesireland.ie](mailto:admin@girlguidesireland.ie) or (01) 661 9566

**When and how you can join:** Contact the National Office at any time for more information on your local group and the availability of places.

**Travel:** Young people would need to travel to the Unit meetings.

**Web:** [www.girlguidesireland.ie](http://www.girlguidesireland.ie) and social media

## Jigsaw: Donegal

Jigsaw is not a youth service but rather a free, confidential, and non-judgmental mental health support service for young people aged 12-25 in specific counties, including Donegal. [More details can be found here](#) or go to [jigsaw.ie](http://jigsaw.ie) We offer guidance and support to young people facing challenging times and provide advice and support to those concerned about young people in their lives. Furthermore, Jigsaw offers free text-based support with a clinician through 1:1 webchat for individuals aged 12-25 across Ireland. This service is available on Mondays and Wednesdays from 1 pm to 4:30 pm and on Thursdays from 2 pm to 7:30 pm. [For additional information click here.](#)

**Volunteering opportunities:** Youth Advocates are young people aged 16-25 who volunteer with Jigsaw Services across the country. Youth Advocates raise awareness of and promote youth mental health within their own community, and inform the development, planning and evaluation of Jigsaw services. Services recruit Youth Advocates at different points throughout the year, to find out more [go to \[jigsaw.ie/volunteer\]\(http://go.to/jigsaw.ie/volunteer\)](http://go.to/jigsaw.ie/volunteer)

**Location:** Pearse Road, Letterkenny, Co. Donegal, Eircode F92 FH36

**Age group:** 12-25

**When and how you can access:** Call or email the service for an appointment.

Monday-Wednesday 9am – 1:15pm, 2:15pm – 5.30pm; Thursday

9am – 1:15pm, 2:15pm – 7pm; Friday 9am – 2.30pm

**Contact details:** Call 074-9726920 or email [donegal@jigsaw.ie](mailto:donegal@jigsaw.ie)

**Travel:** young people would need to travel to the service

**Web:** [https://www.jigsaw.ie/jigsaw\\_donegal/](https://www.jigsaw.ie/jigsaw_donegal/)

[See online map on \[www.youth.ie/online-interactive-map\]\(http://www.youth.ie/online-interactive-map\)](#)

## Irish Girl Guides

Irish Girl Guides (IGG) is a youth-driven, dynamic organisation offering a varied and exciting programme for girls and young women aged 5-30, and opportunities for women of all ages. As a girl-only movement, girls are free to develop and express themselves in a safe, comfortable, supported setting. Our members learn new skills, grow in self-confidence, develop teamwork and leadership skills, experience new activities, and build lifelong friendships. We have a strong emphasis on the outdoors, environment, community responsibility and global sisterhood. IGG actively promotes diversity and inclusion and welcomes girls and young women from all walks of life.

**Location:** There are a number of groups throughout Donegal. See [www.irishgirlguides.ie/unit-locator/](http://www.irishgirlguides.ie/unit-locator/) for more information.

**When do we meet:** Weekly, usually from September to May / June

**Age groups:** Ladybirds aged 5-7; Brownies aged 7-10; Guides aged 10-14; Senior Branch aged 14-30

**Contact details:** Mary at [info@irishgirlguides.ie](mailto:info@irishgirlguides.ie) or phone 01 668 3898

**When and how you can join:** Enquire any time. Places can be limited if we don't have enough Leaders. You may have to wait until September to join your local group.

[www.irishgirlguides.ie/how-to-get-involved](http://www.irishgirlguides.ie/how-to-get-involved)

**Travel:** Young people would need to travel to the group.



National Youth Council of Ireland BOBF2 consultation

Photo credit Julian Behal

## Breakout LGBT service

BreakOut is a youth project focused on Lesbian, Gay, Bisexual & Transgender young people aged between 12 and 30 years. The project operates a weekly drop-in provision in Letterkenny and Ballybofey as well as training, information and one to one support.

**Location:** 16-18 Port Road Letterkenny, Co. Donegal and Planet Youth Project, Ballybofey

**When do we meet:** Weekly

**Age group:** 12-30 yrs

**When and how you can join:** There is a range of different groups throughout the year. Contact Lorraine Thompson for more details.

**Contact details:** DYS Manager Lorraine Thompson, email: [lorraine.thompson@donegalyouthservice.ie](mailto:lorraine.thompson@donegalyouthservice.ie)

**Travel:** Young people would need to travel to the group.

**Web:** <http://donegalyouthservice.ie/>

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