## What is Youth Work?

Youth work is complementary to the formal, academic or vocational education of a young person. It is a planned programme designed to help and support the personal and social development of the young person. Youth work is based on voluntary involvement and provided mainly by youth work organisations at local community level. It can take place in youth clubs, youth groups, youth projects and youth services with professional youth workers and volunteers. Youth work was given formal statutory recognition in the Youth Work Act 2001.

#### **Intercultural Youth Work**

Intercultural youth work is based on the understanding that ethnic and cultural diversity enriches our communities and that in intercultural youth settings everyone has a sense of belonging, is respected, and can contribute. It recognises the need to build programmes that support this, that builds trust with families and develops skills and competencies. It considers it to be the responsibility of all to work towards achieving a society based on equity and inclusion where all young people can reach their potential. This involves the development of practice and policies that facilitate dialogue to build understanding and collaboration among and between different cultures and ethnic groups. It recognises that racism is a barrier to inclusion and that steps must be taken to address it.

The NYCI Equality and Intercultural Programme is funded by the Scheme to Support National Organisations which is funded by the Government of Ireland through the Department of Rural and Community Development



# Youth Work Activities for Children and Young People in Co. Limerick

This leaflet was developed by the National Youth Council of Ireland to support young people in Asylum Seeker

Accommodation Centres and young people in Refugee

Resettlement Projects to link with Youth Activities in their area

**Accommodation Centres in Co. Limerick** 

Limerick city

Meelick, Co Clare [very close to Limerick city]

Mungret



# Youth Groups in Co. Limerick

## **Limerick Youth Service**

Limerick Youth Service provides youth work programmes, education & training opportunities for young people aged 10-24 years. Our mission statement is "connecting with young people and supporting them to reach their full potential".

**Location**: Limerick Youth Service, 5 Lower Glentworth Street, Limerick (see a map of our other sites on www.limerickyouthservice.com)

When do we meet: Daily & Weekly depending on the project

**Age group:** 10-24

When and how you can join: There is a range of different groups throughout the year contact for more details.

**Contact details**: Dermot Troy, Youth Information Officer, dermott@limerickyouthservice.org, Ph: (061) 412 444

Travel: Young people would need to travel to the youth centre.

Other: Subsidies are available to young people.

Web: www.limerickyouthservice.com

See online map on www.youth.ie/online-interactive-map

## ماهو العمل الشبابي؟

العمل الشبابي هو المكمل للتعليم الأكاديمي أو الرسمي أو المهنى للشباب.

هو برنامج مخطط ومصمم لمساعدة ودعم تطوير الشباب ذاتيا واجتماعيا.

العمل الشبابي يعتمد أساسا علي العمل التطوعي و مصدره الرئيسي منظمات

الشباب على مستوى المجتمع المحلى.

ويمكن إقامته بنوادى الشباب، الحلقات الشبابيه، مشروعات الشباب أو الأماكن

الخدميه بالتعاون مع عاملين مختصين في العمل مع الشباب و متطوعين.

# ما هو العمل الشبابي الثقافي؟

هو ما أدرك أن الاختلاف الثقافي و العرقي بالمجتمعات يزيدها ثراءا.

و هذا الاتجاه يتضمن تطوير السياسات والمعاملات التي من شأنها أن تدعم التو

اصل و التفاهم و التكامل بين المجموعات المختلفة ثقافيا وعرقيا.

وإنه لضروره لضمان التلاحم المجتمعي و العيش المتجانس بين الثقافات المختلفه

في المجتمع الواحد.

كما يؤمن أن العمل به مسؤولية و التزام من الجميع للوصول إلي مجتمع مبني على المساواه و التضامن.

و قد أدرك الحاجه لانشاء برامج تدعم الشخصيه الثقافيه و الانتماء و بناء الثقه مع العائلات و تطوير المهارات و التنافسيه.

إن العمل الشبابي الثقافي ليس بإضافه و إنما هو راسخ في تفكيرنا و تخطيطنا وتقييمنا لضمان الوصول لنتائج عادله و متساويه للجميع.

# Qu'est-ce que le 'Youth Work'?

Le 'Youth Work' est complémentaire à l'éducation formelle, académique ou d'apprentissage d'une jeune personne. C'est un programme plannifié conçu pour aider et soutenir le dévéloppement individual and social de la jeune personne. Le travail pour jeune est basé sur l'engagement volontaire et est fourni principalement par des organisations bénévoles de travail de jeune au niveau d'une communauté locale. Il peut se passer dans des clubs de jeunesse, des groupes de jeunesse, des projets ou des services de jeunesse, avec des travailleurs professionels de jeunesse and des bénévoles. Le travail pour jeune avait reçu une reconnaissance statutaire dans la Loi de 2001 sur le Travail avec les Jeunes.

### L'Interculturalisme?

Le travail interculturel des jeunes est basé sur la compréhension que la diversité ethnique et culturelle enrichit nos communautés et que dans les contextes interculturels des jeunes, tout le monde a (devrait avoir) un sentiment d'appartenance, est respecté et peut contribuer. Il reconnaît la nécessité de mettre en place des programmes qui soutiennent cela, qui renforcent la confiance avec les familles et développent les aptitudes et les compétences. Il considère qu'il est de la responsabilité de tous d'œuvrer à la réalisation d'une société fondée sur l'équité et l'inclusion où tous les jeunes peuvent réaliser leur potentiel. Cela implique l'élaboration de pratiques et de stratégies qui facilitent le dialogue afin de renforcer la compréhension et la collaboration entre les différentes cultures et groupes ethniques. Il reconnaît que le racisme est un obstacle à l'inclusion et que des mesures doivent être prises pour y remédier.

See online map on www.youth.ie/online-interactive-map

# **Scouting Ireland**

Scouting Ireland is part of the worldwide movement of Scouting. We work through a non-formal educational approach with boys and girls. We focus on the development of young people as whole individuals, by building knowledge, skills, responsibility but above all character. In Ireland, as across the globe, Scouting works on team building, leadership, outdoor learning, a code of living and service to others. Scouting Ireland is working toward an inclusive environment, that it is not just open to all, but welcoming to all.

**Location**: There are a number of scouting groups in Limerick. For locations see <a href="https://www.scouts.ie/Get-involved/Group-Locator/">www.scouts.ie/Get-involved/Group-Locator/</a>

**When do we meet**: Usually once a week from September to July as well as overnight trips

**Age Groups**: Beavers aged 6-8; Cub Scouts aged 9-11; Scouts aged 12-15; Venture Scouts aged 15-17; and Rovers aged 18-25

**Contact Details**: Áine Ferris on <u>aferris@scouts.ie</u> or phone 087 3425899

When and how you can join: Enquire anytime. Places can be limited if we don't have enough Leaders. You may have to wait until September to join your local group. [www.scouts.ie/about/About-Scouting]

group. [www.scodts.ie/about/About scodting]

Travel: Young people would need to travel to the group.

# **County Limerick Youth Theatre**

We work with young people who are interested in drama, theatre and related activities. We also run an outreach department working with Limerick school and community groups.

**Location:** HoneyFitz Theatre, Lough Our, Patrickswell, Limerick,

V35 AH99

When do we meet: Tuesday evening

**Age group**: 7-12 yrs; 13-18 yrs, 18-30 yrs

When and how you can join: Groups can currently accept

members throughout the year

Contact details: Fiona Quinn on 086 824 6915 or

countylimerickyt@gmail.com

Travel: Young people will need to be able to travel to the youth

theatre.

**Other:** Bursaries are available for young people.

**Web:** http://fqdrama.wixsite.com/colyt

## Що таке робота з молоддю?

Робота з молоддю є доповненням до формальної, академічної чи професійної освіти молодої людини. Це спланована програма, покликана допомогти та підтримати особистий та соціальний розвиток молодої людини. Робота з молоддю базується на добровільному залученні та здійснюється переважно молодіжними організаціями на рівні місцевих громад. Це може відбуватися в молодіжних клубах, молодіжних групах, молодіжних проектах і молодіжних службах з професійними молодіжними працівниками та волонтерами. Робота з молоддю була офіційно визнана в Законі про роботу з молоддю 2001 року.

## Міжкультурна робота з молоддю

Міжкультурна молодіжна робота базується на розумінні того, що етнічне та культурне розмаїття збагачує наші спільноти і що в міжкультурному молодіжному середовищі кожен має почуття приналежності, поважається та може зробити свій внесок. Вона вбачає необхідність створювати програми, які підтримують це, які зміцнюють довіру в родинах і розвивають навички та компетенції. Вона передбачає відповідальність усіх працювати над досягненням суспільства, заснованого на справедливості та інклюзивності, де всі молоді люди зможуть реалізувати свій потенціал. Це передбачає розвиток практики та політик, які сприяють діалогу для побудови розуміння та співпраці між різними культурами та етнічними групами. Вона вбачає, що расизм є перешкодою для інклюзивності та що необхідно вжити заходів для його усунення.

## Other specialist youth organisations:

These youth organisations may offer something to those with specialist interests.

Boys Brigade and Girls Brigade: National uniformed organisations underpinned by the Christian faith

Irish Red Cross Youth: Youth section of Irish Red Cross

Irish Youth Orchestras: Umbrella body for community-based

music groups

**Localise**: National Youth Volunteers organisation that enables young people to be change makers in their community through service to others

**No Name Club**: National youth clubs that promote a lifestyle in which the use of alcohol or drugs is seen to be unnecessary

Order of Malta: Junior section of the ambulance corps

**SpunOut:** Interactive online community providing health information; signposting to supports; and a youth media space

USI: Union of Students in Ireland

**USSI**: Union of Secondary Schools in Ireland, supporting young people having a voice and decision making

**Voluntary Services International (VSI):** Focus on youth volunteering in Ireland and overseas

**Young Christian Workers Movement**: Christian organisation that challenges social exclusion to bring about change

**Young Irish Filmmakers:** A national development and educational youth film making organisation with their base in Co Kilkenny

For details on all of the above and to see more options see <a href="https://www.youth.ie/get-involved/members/">www.youth.ie/get-involved/members/</a>

See online map on www.youth.ie/online-interactive-map

## **Limerick Youth Theatre**

We promote youth drama opportunities that focus on the artistic, personal and social development of young people. We are based in Limerick City.

Location: The Basement, 73 O'Connell St., Limerick.

When do we meet: Weekly on Saturdays from October - June.

**Age group**: 16-23

**When and how you can join:** Applications take place in September each year. There is an audition workshop on the first Saturday in October.

**Contact details**: Deirdre Wilson/Angie Smalis, email:

lytster@gmail.com or phone: 061 31 1100

**Travel:** Young people would need to travel to the youth theatre.

**Other:** Scholarships are available to young people.

Web: www.lyt.ie

#### **GOSHH**

Our vision is to create an environment where the mental, emotional, physical and social well-being of everyone is promoted and sexual rights are respected, protected and fulfilled. GOSHH provides a safe, confidential, welcoming environment for everyone we work with. We focus on the promotion of equality and wellbeing of all with a positive and respectful approach to sexual orientation and gender diversity.

Location: Redwood Place, 188 Davis Street, Limerick city

**Age group**: 12-25

When and how you can access: Enquire anytime

Contact details: Rachel Newland, phone: 0874447368 or

email: youth@goshh.ie

**Travel**: Young people would need to travel to the group.

Web: http://goshh.ie/

#### **Catholic Guides of Ireland**

The Catholic Guides of Ireland (CGI) is a Nationwide association open to girls and women from all backgrounds. CGI provides accessible Guiding opportunities within a safe environment to enable all girls and young women to develop to their full potential. We encourage members to explore Creativity, Health, Out of doors, International, Communication, Environment and more. Our members are empowered and inspired to actively engage in various local and global issues, and to recognise the contribution they make to society. Members have opportunities to gain skills in the areas of leadership & teambuilding, and they develop self-esteem and pride in themselves and their capabilities.

**Location**: See all locations at www.girlguidesireland.ie/find-a-local-unit

**When do we meet:** Weekly from September to June with occasional activities during the summer months

**Age Group:** Cygnets: 5-6, Brigini: 6/7-10/11, Guides: 10/11-17, Guiders: 18+

**Contact details:** email admin@girlguidesireland.ie or phone 01 661 9566

When and how you can join: Contact the National Office at any time for more information on your local group and the availability of places.

Travel: Young people would need to travel to the Unit meetings.

Web: www.girlguidesireland.ie and social media

## **Irish Girl Guides**

Irish Girl Guides (IGG) is a youth-driven, dynamic organisation offering a varied and exciting programme for girls and young women aged 5-30, and opportunities for women of all ages. As a girl-only movement, girls are free to develop and express themselves in a safe, comfortable, supported setting. Our members learn new skills, grow in self-confidence, develop teamwork and leadership skills, experience new activities, and build lifelong friendships. We have a strong emphasis on the outdoors, environment, community responsibility and global sisterhood. IGG actively promotes diversity and inclusion and welcomes girls and young women from all walks of life.

**Location:** There are a number of groups throughout Limerick see <a href="https://www.irishgirlguides.ie/unit-locator/">www.irishgirlguides.ie/unit-locator/</a> for more information.

When do we meet: Weekly, usually from September to May / June

**Age groups:** Ladybirds aged 5-7; Brownies aged 7-10; Guides aged 10-14; Senior Branch aged 14-30

**Contact details:** Mary at <u>info@irishgirlguides.ie</u> or phone 01 668 3898

When and how you can join IGG: Enquire any time. Places can be limited if we don't have enough Leaders. You may have to wait until September to join your local group:

www.irishqirlquides.ie/how-to-get-involved

**Travel**: Young people would need to travel to the group.

See online map on www.youth.ie/online-interactive-map

# **Jigsaw Limerick**

Jigsaw is not a youth group. It is therapeutic support for 15-25 year olds experiencing mild to moderate mental health difficulties, of up to 8 sessions. We do referrals or signpost young people on if another service is more appropriate. A parent/guardian always attends the first appointment for under 18s. A parent/guardian can thereafter arrange for the young person's attendance (i.e. whether accompanied or not).

Location: Arthur's Quay House, Limerick

**Age group**: 15-25

When and how you can access Jigsaw: Through phone or email

to discuss a consultation

Contact details: Phone: 061 974 510 or email: limerick@jigsaw.ie

**Travel:** Young people would need to travel to Jigsaw.

Web: www.jigsaw.ie/jigsaw\_limerick/

# **Foróige**

Our purpose is to enable young people to involve themselves consciously and actively in their development and in the development of society. Foróige works with all young people through our general services. Foróige services encourage young people to take responsibility for themselves and to be part of shaping the world around them while developing their talents, skills and abilities. We also work with vulnerable young people who require additional support through a full range of targeted services.

**Location:** Foróige has youth clubs and youth services in a number of locations in Co Limerick. See locations at www.foroige.ie

When do we meet: Weekly

**Age group: 10-18** 

When and how you can join: There is a range of different groups throughout the year: Contact us for details of a group near you.

**Contact details:** Eric O Brien, Area Manager South/South East **on** eric.obrien@foroige.ie or 086 047 2511

**Travel:** Young people would need to travel to the youth group

Web: www.foroige.ie/

See online map on www.youth.ie/online-interactive-map

### **Gaisce: The President's Award**

Gaisce – The President's Award is a self-development programme that encourages young people aged 14-25 to find their passion, get active and make a difference in their community. Gaisce is a direct challenge from the President of Ireland to young people to dream big and realise their potential. There are three levels of Gaisce – Bronze, Silver and Gold. The more time and energy you give, the greater the reward. By taking part in Gaisce, you will take on exciting personal, physical, community, and team challenges and develop new skills and new friendships. A President's Award Leader (PAL) will support you throughout your Award Journey.

Gaisce aims to ensure young people aged 14-25 who are seeking asylum, or who are refugees in Ireland have the opportunity to participate in Gaisce – The President's Award.

**Location:** Various locations, contact the Gaisce team for more information

**When do we meet:** Participants engage with a project for 1 hour a week as a minimum.

**Age group:** 14 - 25

When and how you can join: Anytime during the year

**Contact details:** Email Karol Quinn at <a href="mailto:karol@gaisce.ie">karol@gaisce.ie</a> or call 087 3393301

Website: www.gaisce.ie