#### What is Youth Work?

Youth work is complementary to the formal, academic or vocational education of a young person. It is a planned programme designed to help and support the personal and social development of the young person. Youth work is based on voluntary involvement and provided mainly by youth work organisations at local community level. It can take place in youth clubs, youth groups, youth projects and youth services with professional youth workers and volunteers. Youth work was given formal statutory recognition in the Youth Work Act 2001.

#### Intercultural Youth Work

Intercultural youth work is based on the understanding that ethnic and cultural diversity enriches our communities and that in intercultural youth settings everyone has a sense of belonging, is respected, and can contribute. It recognises the need to build programmes that support this, that builds trust with families and develops skills and competencies. It considers it to be the responsibility of all to work towards achieving a society based on equity and inclusion where all young people can reach their potential. This involves the development of practice and policies that facilitate dialogue to build understanding and collaboration among and between different cultures and ethnic groups. It recognises that racism is a barrier to inclusion and that steps must be taken to address it.

The NYCI Equality and Intercultural Programme is funded by the Scheme to Support National Organisations which is funded by the Government of Ireland through the Department of Rural and Community Development





# **Youth Work Activities for** Children and Young People in Co. Cork

This leaflet was developed by the National Youth Council of Ireland to support young people in Asylum Seeker Accommodation Centres and young people in Refugee Resettlement Projects to link with Youth Activities in their area

#### Accommodation Centres in Co Cork

Glounthane

Clonakility

Millstreet

Mallow

Cork City

Macroom

Fermoy





Youth Work Ireland, Equality 17 Conference, 2017.

## ماهو العمل الشبابي؟

العمل الشبابي هو المكمل للتعليم الأكاديمي أو الرسمي أو المهني للشباب.

هو برنامج مخطط ومصمم لمساعدة ودعم تطوير الشباب ذاتيا واجتماعيا.

العمل الشبابي يعتمد أساسا علي العمل التطوعي و مصدره الرئيسي منظمات

الشباب علي مستوى المجتمع المحلي.

ويمكن إقامته بنوادى الشباب، الحلقات الشبابيه، مشروعات الشباب أو الأماكن

الخدميه بالتعاون مع عاملين مختصين في العمل مع الشباب و متطوعين.

## ما هو العمل الشبابي الثقافي؟

هو ما أدرك أن الاختلاف الثقافي و العرقي بالمجتمعات يزيدها ثراءا.

وهذا الاتجاه يتضمن تطوير السياسات والمعاملات التي من شأنها أن تدعم التو

اصل و التفاهم و التكامل بين المجموعات المختلفة ثقافيا وعرقيا.

وإنه لضروره لضمان التلاحم المجتمعي و العيش المتجانس بين الثقافات المختلفه

في المجتمع الواحد.

كما يؤمن أن العمل به مسؤولية و التزام من الجميع للوصول إلي مجتمع مبني

علي المساواه و التضامن.

و قد أدرك الحاجه لانشاء برامج تدعم الشخصيه الثقافيه و الانتماء و بناء الثقه مع

العائلات و تطوير المهارات و التنافسيه.

إن العمل الشبابي الثقافي ليس بإضافه و إنما هو راسخ في تفكيرنا و تخطيطنا

وتقييمنا لضمان الوصول لنتائج عادله و متساويه للجميع.

### Qu'est-ce que le 'Youth Work'?

Le 'Youth Work' est complémentaire à l'éducation formelle, académique ou d'apprentissage d'une jeune personne. C'est un programme plannifié conçu pour aider et soutenir le dévéloppement individual and social de la jeune personne. Le travail pour jeune est basé sur l'engagement volontaire et est fourni principalement par des organisations bénévoles de travail de jeune au niveau d'une communauté locale. Il peut se passer dans des clubs de jeunesse, des groupes de jeunesse, des projets ou des services de jeunesse, avec des travailleurs professionels de jeunesse and des bénévoles. Le travail pour jeune avait reçu une reconnaissance statutaire dans la Loi de 2001 sur le Travail avec les Jeunes.

#### L'Interculturalisme?

Le travail interculturel des jeunes est basé sur la compréhension que la diversité ethnique et culturelle enrichit nos communautés et que dans les contextes interculturels des jeunes, tout le monde a (devrait avoir) un sentiment d'appartenance, est respecté et peut contribuer. Il reconnaît la nécessité de mettre en place des programmes qui soutiennent cela, qui renforcent la confiance avec les familles et développent les aptitudes et les compétences. Il considère qu'il est de la responsabilité de tous d'œuvrer à la réalisation d'une société fondée sur l'équité et l'inclusion où tous les jeunes peuvent réaliser leur potentiel. Cela implique l'élaboration de pratiques et de stratégies qui facilitent le dialogue afin de renforcer la compréhension et la collaboration entre les différentes cultures et groupes ethniques. Il reconnaît que le racisme est un obstacle à l'inclusion et que des mesures doivent être prises pour y remédier.

# **Youth Groups in Cork**

### **Cloyne Diocesan Youth Services**

CDYS provide a range of youth groups, support services and facilities across most of the major towns in North, East and parts of West Cork. CDYS is a vibrant organisation working in communities that provide facilities, supports and specialist services to young people and families.

**Location:** Various locations across North, East and parts of West Cork (Middleton, Cobh, Fermoy, Carrigtohill, Mitchelstown, Charleville, Mallow and Macroom)

**When do we meet:** Depends on location and project but typically youth services and groups are open from 3-9 daily.

**Age Group:** CDYS services cater for 10-25 years of age (depending on the specific service)

Get Started: Contact reception@cdys.ie

**Travel:** Young people will have to travel to our services.

Web: www.cdys.ie



Photo Courtesy of Youth work Ireland

### Що таке робота з молоддю?

Робота з молоддю є доповненням до формальної, академічної чи професійної освіти молодої людини. Це спланована програма, покликана допомогти та підтримати особистий та соціальний розвиток молодої людини. Робота з молоддю базується на добровільному залученні та здійснюється переважно молодіжними організаціями на рівні місцевих громад. Це може відбуватися в молодіжних клубах, молодіжних групах, молодіжних проектах і молодіжних службах з професійними молодіжними працівниками та волонтерами. Робота з молоддю була офіційно визнана в Законі про роботу з молоддю 2001 року.

### Міжкультурна робота з молоддю

Міжкультурна молодіжна робота базується на розумінні того, що етнічне та культурне розмаїття збагачує наші спільноти і що в міжкультурному молодіжному середовищі кожен має почуття приналежності, поважається та може зробити свій внесок. Вона вбачає необхідність створювати програми, які підтримують це, які зміцнюють довіру в родинах і розвивають навички та компетенції. Вона передбачає відповідальність усіх працювати над досягненням суспільства, заснованого на справедливості та інклюзивності, де всі молоді люди зможуть реалізувати свій потенціал. Це передбачає розвиток практики та політик, які сприяють діалогу для побудови розуміння та співпраці між різними культурами та етнічними групами. Вона вбачає, що расизм є перешкодою для інклюзивності та що необхідно вжити заходів для його усунення.

### Other specialist youth organisations:

These youth organisations may offer something to those with specialist interests.

**Boys Brigade** and **Girls Brigade**: National uniformed organisations underpinned by the Christian faith

Irish Red Cross Youth: Youth section of Irish Red Cross

Irish Youth Orchestras: Umbrella body for community-based music groups

**Localise**: National Youth Volunteers organisation that enables young people to be change makers in their community through service to others

**No Name Club**: National youth clubs that promote a lifestyle in which the use of alcohol or drugs is seen to be unnecessary

Order of Malta: Junior section of the ambulance corps

**SpunOut:** Interactive online community providing information on health, signposting to support services, and offering a youth media space

**USI:** Union of Students in Ireland

**USSI**: Union of Secondary Schools in Ireland, supporting young people having a voice and decision making

**Voluntary Services International (VSI):** Focus on youth volunteering in Ireland and overseas

**Young Irish Filmmakers:** A national development and educational youth film making organisation with their base in Co Kilkenny

For details on all of the above and to see more options see <a href="https://www.youth.ie/get-involved/members/">www.youth.ie/get-involved/members/</a>

### **Scouting Ireland**

Scouting Ireland is part of the worldwide movement of Scouting. We work through a non-formal educational approach with boys and girls. We focus on the development of young people as whole individuals, by building knowledge, skills, responsibility but above all character. In Ireland, as across the globe, Scouting works on team building, leadership, outdoor learning, a code of living and service to others. Scouting Ireland is working toward an inclusive environment, that it is not just open to all, but welcoming to all.

**Location**: There are a number of scouting groups in Cork. For locations see <a href="https://www.scouts.ie/Get-involved/Group-Locator/">www.scouts.ie/Get-involved/Group-Locator/</a>

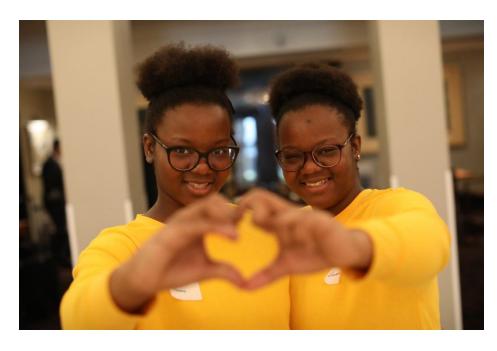
**When do we meet**: Usually once a week from September to July as well as overnight trips

**Age Groups**: Beavers aged 6-8; Cub Scouts aged 9-11; Scouts aged 12-15; Venture Scouts aged 15-17; and Rovers aged 18-25

Contact Details: Áine Ferris on <u>aferris@scouts.ie</u> or phone 087 3425899

When and how you can join: Enquire anytime. Places can be limited if we don't have enough Leaders. You may have to wait until September to join your local group. [www.scouts.ie/about/About-Scouting]

**Travel:** Young people would need to travel to the group.



National Youth Council of Ireland BOBF2 consultation

Photo credit Julian Behal

#### **Gaisce: The President's Award**

Gaisce – The President's Award is a self-development programme that encourages young people aged 14-25 to find their passion, get active and make a difference in their community. Gaisce is a direct challenge from the President of Ireland to young people to dream big and realise their potential. There are three levels of Gaisce – Bronze, Silver and Gold. The more time and energy you give, the greater the reward. By taking part in Gaisce, you will take on exciting personal, physical, community, and team challenges and develop new skills and new friendships. A President's Award Leader (PAL) will support you throughout your Award Journey.

Gaisce aims to ensure young people aged 14-25 who are seeking asylum, or who are refugees in Ireland have the opportunity to participate in Gaisce – The President's Award.

**Location:** Various locations, contact the Gaisce team for more information

**When do we meet:** Participants engage with a project for 1 hour a week as a minimum.

**Age group:** 14 - 25

When and how you can join: Anytime during the year

**Contact details:** Email Karol Quinn at <u>karol@gaisce.ie</u> or call 087 3393301

Website: www.gaisce.ie

#### **Ground Floor YMCA**

Ground Floor Youth Service is a drop-in facility for young people aged 14+. It is open 2 evenings a week and on Saturday. Ground Floor is peer-led, it revolves around music and other shared interests and is inclusive of all ethnic groups and all religions or none.

Location: 11/12 Marlboro Street Cork

When do we meet: Wednesdays 2-7 pm and Fridays and

Saturdays 2-9 pm

**Age group**: 14-23

When and how you can join: Anytime – just drop in.

Contact details: Aine O'Callaghan on 021 427 0187 or

aine@ymca-ireland.net

**Travel:** Young people would need to travel to YMCA. 14-minute drive from Glenvera, 1-hour drive from Millstreet, 14-minute drive from Kinsale Road, 23-minute drive from Ashbourne House, 59-minute drive from Clonakilty Lodge.

Web: YMCA Ireland | Cork Region (ymca-ireland.net)

Facebook: @GroundFloorProd

Instagram: @GroundFloorYMCA

### **Up Cork**

UP Cork provides a community-based response to the needs of LGBT young people by offering them opportunities for active participation and inclusion in addressing issues that affect them and for personal and social development. Here at UP Cork, we believe that LGBT young people are entitled to the same rights and privileges as other young people, and when supported in their communities they will thrive as healthy, happy and equal citizens.

**Location:** South Parish Community Centre, Sawmill Street,

Ballintemple, Cork city

When do we meet: Weekly

**Age group:** 15-23

When and how can you join? There is a range of different groups throughout the year contact for more details.

Contact details: Nadia Moussed Phone 086 0443745

or Email: nadia@cdys.ie

**Travel:** Young people would need to travel to the group. 17 minute walk from Glenvera, 30 minute walk from Kinsale Road, 18 minute drive from Ashbourne House, 1 hour drive from Millstreet, 1 hour drive from Clonakility Lodge.

Other: Subsidies are available.

### **Activate Youth Theatre**

Activate Youth Theatre is a vibrant energetic breeding ground for young actors and for the development of interesting new work, both scripted and devised. Through weekly drama workshops the youth theatre delivers a unique creative experience that promotes artistic and social development and serves the young people at its heart.

**Location:** Graffiti Theatre Company, Assumption Road, Blackpool, Cork.

**When do we meet**: Juniors, aged 10 – 13 have workshops Thursdays 5 – 6.30pm. Pre-seniors, aged 13-15, have workshops Wednesdays 5 – 6.30pm. Seniors, aged 15+ have workshops Wednesdays 7 – 9pm.

**Age groups:** 10-13, 13-15, 15+

#### When and how can you join the Activate Youth Theatre?

Members typically join in September. However, a young person can get in contact directly throughout the year to see if there is availability.

**Contact details:** email Julie at <u>mailto:julie@graffiti.ie</u>or call 021 439 7111

**Travel:** Young people would need to travel to Activate Youth Theatre.

Web: www.graffiti.ie/outreach/youth-theatres

See online map on www.youth.ie/online-interactive-map

### **Catholic Guides of Ireland**

The Catholic Guides of Ireland (CGI) is a Nationwide association open to girls and women from all backgrounds. CGI provides accessible Guiding opportunities within a safe environment to enable all girls and young women to develop to their full potential. We encourage members to explore Creativity, Health, Out of Doors, International, Communication, Environment and more. Our members are empowered and inspired to actively engage in various local and global issues, and to recognise the contribution they make to society. Members have opportunities to gain skills in the areas of leadership & teambuilding, and they develop self-esteem and pride in themselves and their capabilities.

**Location**: CGI have Units in areas across Cork including Cork City,
The Glen and Passage west. See other locations at
<a href="https://www.girlguidesireland.ie/find-a-local-unit">www.girlguidesireland.ie/find-a-local-unit</a>

**When do we meet:** Weekly from September to June with occasional activities during the summer months

**Age Group:** Cygnets: 5-6, Brigini: 6/7-10/11, Guides: 10/11-17, Guiders: 18+

Contact details: admin@girlguidesireland.ie or (01) 661 9566

When and how you can join: Contact the National Office at any time for more information on your local group and the availability of places.

**Travel:** Young people would need to travel to the Unit meetings.

Web: www.girlquidesireland.ie and social media



Young People at NYCl's launch of their research **Make Minority a Priority**: a research report on the insights from minority ethnic young people growing up in Ireland and recommendations for the youth work sector [www.youth.ie/articles/make-minority-a-priority-report/]

Photo credit: Steve Humphries

## **Foróige**

Our purpose is to enable young people to involve themselves consciously and actively in their development and in the development of society. Foróige works with all young people through our general services. Foróige services encourage young people to take responsibility for themselves and to be part of shaping the world around them while developing their talents, skills and abilities. We also work with vulnerable young people who require additional support through a full range of targeted services.

**Location:** Foróige has youth clubs and youth services in a number of locations in Cork including Passage West. There is also a youth service in Togher.

When do we meet: Weekly

**Age group:** 10-18

When and how you can join: There is a range of different groups throughout the year: contact for details of a group near you.

#### **Contact details:**

- **East Cork** Eimear Foley Regional Youth Officer, Email: <u>Eimear.Foley@foroige.ie</u> Ph: 086 8381652
- **West Cork** John Dennigan Regional Youth Officer Email: <u>John.Dennigan@foroige.ie</u> Ph: 086 9795199
- Cork Central & Harbour Region Geraldine
   Murphy Regional Youth Officer,

   Email: <a href="mailto:geraldine.murphy@foroige.ie">geraldine.murphy@foroige.ie</a> Ph: 087 9245494

**Travel:** Young people would need to travel to the youth groups

Web: www.foroige.ie

### Bádóireacht at Meitheal Mara

Bádóireacht means boating in the Irish language. This programme is about getting young people out on the water, teaching them how to row and giving them the opportunity to explore Cork City and the River Lee by water. Rowing in our traditional Irish currachs takes place all year round. Many of our youth participants compete in the **Ocean to City** race each year.

**Location**: Most rowing sessions take place at Lapps Quay in Cork City centre

**When do we meet:** 1-hour rowing sessions are held weekly throughout the year.

Age group: 12 years and older

Contact details: Contact Clare at

badoireacht@meithealmara.ie or call 089 4900935

When and how you can join: Contact Clare in Meitheal Mara to enquire about joining one of the regular sessions

**Travel:** Young people would need to travel to the activity.

Web: www.meithealmara.ie

**Other:** Subsidies may be available to assist with travel costs, contact us for details. For more information on the Ocean to

City race see oceantocity.com



Photo courtesy of Meitheal Mara

## **Jigsaw Cork**

Jigsaw is not a youth group. It is therapeutic support, of up to 8 sessions, for 15-25 year olds experiencing mild to moderate mental health difficulties. We do referrals or signpost young people on if another service is more appropriate. A parent or guardian always attends the first appointment for under 18s. A parent or guardian can thereafter arrange for the young person's attendance (i.e. whether accompanied or not).

**Location:** Unit 8 Southbank, Crosses Greene, Wandesford Quay, Cork.

**Age group:** 15-25

**When and how you can access:** Through phone or email to discuss a consultation

Contact details: Phone: 021 245 2500 or email: cork@jigsaw.ie

**Travel:** Young people would need to travel to Jigsaw.

Web: www.jigsaw.ie/jigsaw\_cork

See online map on www.youth.ie/online-interactive-map

### **Love and Care for People**

Love and Care for People (LCP) works with children, young people and women from different cultures and nationalities, including those in direct provision, to bring hope, information, education, emotional and social support. LCP's YouthsRule Club provides an open, friendly, safe and inclusive space for young people aged 13+ to meet, make friends, strengthen their capacity as decision–makers, develop life skills and key competencies for personal, social, emotional, physiological and professional development, develop good quality relationships with themselves and others and most importantly have fun while doing it. YouthsRule also raises awareness about environmental protection, financial education, cultural and natural heritage, healthy lifestyle and wellbeing, sport, entrepreneurship, long-term sustainable youth development, and youth active participation.

Location: 58 Main Street, Mallow, Co. Cork, P51V50F

When do we meet: Saturday mornings from 11-1pm

Age group: 5-12, & 13 years and above

When and how you can join: anytime, get in touch for more

information

**Contact details:** Call Ini Obong on 087 387 3256 or 087 710 6715, 022

50375 or email info@loveandcareforpeople.eu

Travel: young people would need to travel to the group

Web: www.loveandcareforpeople.eu

www.facebook.com/loveandcareforpeopleworldwide/

**Other:** We also have the 'Inspire Kidz Club' for children 8-12 which provides fun filled activities including dance, drama, arts and crafts, debates, fashion and design.



Irish Girl Guides, Ennis, Co Clare - Photo courtesy of IGG

#### **Irish Girl Guides**

Irish Girl Guides (IGG) is a youth-driven, dynamic organisation offering a varied and exciting programme for girls and young women aged 5-30, and opportunities for women of all ages. As a girl-only movement, girls are free to develop and express themselves in a safe, comfortable, supported setting. Our members learn new skills, grow in self-confidence, develop teamwork and leadership skills, experience new activities, and build lifelong friendships. We have a strong emphasis on the outdoors, environment, community responsibility and global sisterhood. IGG actively promotes diversity and inclusion and welcomes girls and young women from all walks of life.

**Location:** There are a number of groups throughout County Cork see <a href="https://www.irishgirlguides.ie/unit-locator/">www.irishgirlguides.ie/unit-locator/</a> for more information. There is a group in Cork city, which is a 10-minute drive from Glenvera, and a 15-minute drive from Kinsale Road. There is a group in Carrigtohill, which is a 10-minute drive from Glouthane, and a group in Mallow which is a 15-minute walk from Davis Lane.

When do we meet: Weekly, usually from September to May / June

**Age groups:** Ladybirds aged 5-7; Brownies aged 7-10; Guides aged 10-14; Senior Branch aged 14-30

Contact details: Mary at info@irishqirlquides.ie or phone 01 668 3898

When and how you can join IGG: Enquire any time. Places can be limited if we don't have enough Leaders. You may have to wait until September to join your local group: <a href="https://www.irishgirlguides.ie/how-to-get-involved">www.irishgirlguides.ie/how-to-get-involved</a>

**Travel**: Young people would need to travel to the group.