

What is Youth Work?

Youth work is complementary to the formal, academic or vocational education of a young person. It is a planned programme designed to help and support the personal and social development of the young person. Youth work is based on voluntary involvement and provided mainly by youth work organisations at local community level. It can take place in youth clubs, youth groups, youth projects and youth services with professional youth workers and volunteers. Youth work was given formal statutory recognition in the Youth Work Act 2001.

What is Intercultural Youth Work?

Intercultural youth work recognises that ethnic and cultural diversity enriches our communities. This approach involves the development of policies and practices that promote communication, understanding and integration among and between different cultures and ethnic groups. It is a commitment to social cohesion and living harmoniously in a multi-ethnic society. It believes that it is the responsibility and commitment of all to work towards achieving a society based on equality and inclusion. Intercultural youth work is not an add-on, it is embedded in our thinking, planning, implementation and evaluations with an emphasis on achieving equality of outcome for all. It recognises the need to build programmes that support cultural identity and belonging, builds trust with families and develops skills and competencies.

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Rialtas na hÉireann
Government of Ireland



Contact NYCI at anne@nyci.ie 086 780 7705

Youth Work Activities for Children and Young People in Co Galway

This leaflet was developed by the National Youth Council of Ireland to support young people in Asylum Seeker Accommodation Centres and young people in Refugee Resettlement Projects to link with Youth Activities in their area

Accommodation Centres:

Eglington, The Proms, Salthill, Galway,
Manager: Anne Keady Tel: 091 526400

Great Western, Frenchville Lane, Eyre Sq, Galway,
Manager: Patrick Hennelly Tel: 091 561139



See online map on www.youth.ie/online-interactive-map



ما هو العمل الشبابي؟

العمل الشبابي هو المكمل للتعليم الأكاديمي أو الرسمي أو المهني للشباب. هو برنامج مخطط ومصمم لمساعدة ودعم تطوير الشباب ذاتيا واجتماعيا. العمل الشبابي يعتمد أساسا على العمل التطوعي و مصدره الرئيسي منظمات الشباب على مستوى المجتمع المحلي. ويمكن إقامته بنوادي الشباب، الحلقات الشبابية، مشروعات الشباب أو الأماكن الخدمية بالتعاون مع عاملين مختصين في العمل مع الشباب و متطوعين.



Young People at NYCI's launch of their research **Make Minority a Priority**: a research report on the insights from minority ethnic young people growing up in Ireland with recommendations for the youth work sector. [www.youth.ie/minority] **Photo credit:** Steve Humphries

ما هو العمل الشبابي الثقافي؟

هو ما أدرك أن الاختلاف الثقافي و العرقي بالمجتمعات يزيدها ثراء. وهذا الاتجاه يتضمن تطوير السياسات والمعاملات التي من شأنها أن تدعم التواصل و التفاهم و التكامل بين المجموعات المختلفة ثقافيا و عرقيا. وأنه لضروره لضمان التلاحم المجتمعي و العيش المتجانس بين الثقافات المختلفة في المجتمع الواحد. كما يؤمن أن العمل به مسؤولية و التزام من الجميع للوصول إلى مجتمع مبني على المساواة و التضامن. و قد أدرك الحاجة لإنشاء برامج تدعم الشخصية الثقافية و الانتماء و بناء الثقة مع العائلات و تطوير المهارات و التنافسية. إن العمل الشبابي الثقافي ليس بإضافة و إنما هو راسخ في تفكيرنا و تخطيطنا و تقييمنا لضمان الوصول لنتائج عادلة و متساوية للجميع.

Qu'est-ce que le travail pour jeune?

Le travail pour jeune est complémentaire à l'éducation formelle, académique ou d'apprentissage d'une jeune personne. C'est un programme planifié conçu pour aider et soutenir le développement individuel and social de la jeune personne. Le travail pour jeune est basé sur l'engagement volontaire et est fourni principalement par des organisations bénévoles de travail de jeune au niveau d'une communauté locale. Il peut se passer dans des clubs de jeunesse, des groupes de jeunesse, des projets ou des services de jeunesse, avec des travailleurs professionnels de jeunesse and des bénévoles. Le travail pour jeune avait reçu une reconnaissance statutaire dans la Loi de 2001 sur le Travail avec les Jeunes.

Qu'est-ce que l'Interculturalisme?

L'Interculturalisme reconnaît que la diversité ethnique et culturelle peuvent enrichir notre société. Cette approche implique le développement des politiques qui promeuvent la communication, la compréhension et l'intégration parmi et entre les cultures et les groupes ethniques. C'est un engagement à la cohésion sociale et à la manière de vivre le mieux harmonieusement possible dans une société multi-ethnique. C'est la responsabilité et l'engagement de tous dans le secteur de travail avec les jeunes, de travailler pour atteindre une société basée sur l'égalité et l'inclusion des tous. L'Interculturalisme devrait être vu comme d'autres problèmes d'inclusion et d'égalité – tels que le genre et le handicap – encrés dans nos pensées, nos planifications, nos mises en exécution et nos évaluations avec un accent particulier sur l'atteinte de l'égalité dans résultats.

Youth Groups in Co Galway

No 4 Youth Service

'No. 4 Youth Service' provides a range of supports for young people aged 13-25 years in areas including education, physical and mental health, information, homelessness prevention and employability. Young people are supported to develop their own skills, talents and resilience to ensure that they can make positive choices for themselves as they go through life.

Location of Youth Service: 4 Augustine Street, Galway City.

Opening Times: 9.30-5pm Monday to Friday

Age group: 13-25

When and how you can access this service: You can call us to make an appointment to see a youth worker or drop-in to No. 4 Augustine Street.

Contact details: phone 091 568 483 or email youthservice@no4.ie

Travel: Young people would need to travel to No 4. It's an 11-minute drive or 35-minute walk from Eglington. It's a 6-minute walk from Great Western

Web: www.no4.ie

Jigsaw Galway

Jigsaw is not a youth group. It is therapeutic support for 15-25 year olds experiencing mild to moderate mental health difficulties, of up to 8 sessions. We do referrals or signpost young people on if another service is more appropriate. A parent/guardian always attends the first appointment for under 18s. A parent/guardian can thereafter arrange for the young person's attendance (i.e. whether accompanied or not).

Location: Fairgreen Road, Galway city.

Age group: 15-25

When and how you can access this service: Through phone or email to discuss a consultation

Contact details: phone 091 549 252, text 087 772 5232 or email: galway@jigsaw.ie

Travel: Young people would need to travel to Jigsaw. 13- minute drive from Eglinton or a 40 minute walk. 4 minute walk from Great Western

Web: www.jigsaw.ie/jigsaw_galway

www.facebook.com/pg/jigsawgalway/about/?ref=page_internal

Other specialist youth organisations:

These youth organisations may offer something to those with specialist interests.

Boys Brigade and Girls Brigade: National uniformed organisations underpinned by the Christian faith

Coder Dojo: National volunteer-led organisation offering free programming workshops for young people between 7 and 17

Irish Red Cross Youth: Youth section of Irish Red Cross

Irish Youth Orchestras: Umbrella body for community-based music groups

Localise: National Youth Volunteers organisation that enables young people to be change makers in their community through service to others

No Name Club: National youth clubs that promote a lifestyle in which the use of alcohol or drugs is seen to be unnecessary

Order of Malta: Junior section of the ambulance corps

SpunOut: Interactive online community providing information on health, signposting to support services, and offering a youth media space

USI: Union of Students in Ireland

USSI: Union of Secondary Schools in Ireland, supporting young people having a voice and decision making

Voluntary Services International (VSI): Focus on youth volunteering in Ireland and overseas

Young Irish Filmmakers: A national development and educational youth film making organisation with their base in Co Kilkenny

For details on all of the above and to see more options see www.youth.ie/get-involved/members/

Foróige

Our purpose is to enable young people to involve themselves consciously and actively in their development and in the development of society. Foróige works with all young people through our general services. Foróige services encourage young people to take responsibility for themselves and to be part of shaping the world around them while developing their talents, skills and abilities. We also work with vulnerable young people who require additional support through a full range of targeted services.

Location: Knocknacarra Youth Development Project, Joyce's Square, Knocknacarra, Galway. Also Galway Youth Cafe 2, Fairgreen Road, Galway;

When do we meet: Weekly

Age group: 10-18

When and how you can join: There is a range of different groups throughout the year contact for more details.

Contact details: Foróige Area Manager West, Richard O'Donovan, email dick.odonovan@foroige.ie or phone 086 906 8328

Travel: Young people would need to travel to the group. 14 minute drive from Eglington or 40 minute walk to the Youth Cafe

Other: Subsidies are available to young people.

Web: www.foroige.ie/

www.facebook.com/knocknacarrayp/



Galway Community Circus

Galway Community Circus showcases circus as an exciting, accessible and meaningful art form. We believe it is important to involve our performers in projects which are entirely inclusive and where the process is safe and nurturing but also where the final product is of high artistic quality. For us, artistic ambition translates to allow each person to reach their potential, and produce innovative, artistically excellent work that engages with diverse audiences.

Location: St Joseph's Community Centre, Ashe Road, Shantalla, Galway

When do we meet: Weekly

Age group: Toddler: 1-4 (parents attend); Youth: 5-20; Family: All ages

When and how you can join: Members typically join in September and January. However, a young person can get in contact directly throughout the year to see if there is availability.

Contact details: Ulla Hokkanen, email: info@galwaycircus.com or phone: 085 111 7224 or 087 378 2645

Travel: Young people would need to travel to group, 31 minute walk from Eglington or 8 minute drive.

Other: Subsidies are available to cover fees.

Web: www.galwaycommunitycircus.com/

Wavelength at Gaisce: The President's Award

Gaisce – The President's Award is a self-development programme that encourages young people aged 15-25 to find your passion, get active and make a difference in your community. Gaisce is a direct challenge from the President of Ireland to young people aged 15-25 to dream big and realise their potential. There are three levels of Gaisce – Bronze, Silver and Gold. The more time and energy you give, the greater the reward. By taking part in Gaisce, you will take on exciting personal, physical and community challenges and develop new skills and new friendships. A President's Award Leader (PAL) will support you throughout your Award Journey.

The Wavelength Project at Gaisce aims to ensure young people aged 14-25 who are seeking asylum, or who are refugees in Ireland have the opportunity to participate in Gaisce – The President's Award, whereby any fees will be waived.

Location: Various locations, contact the Wavelength team for more information

When do we meet: Participants engage with a project for 1 hour a week as a minimum.

Age group: 14 – 25

When and how you can join: Anytime during the year

Contact details: Email Sanaz at wavelength@gaisce.ie or call 01 617 1999.

Other: over 25's can take a leadership role on the programme. They are called PALs (President's Award Leader). PALs can also sign up young people to the Wavelength project.

**YOUTH
WORK
CHANGES
LIVES**

Contact NYCI at anne@nyci.ie 086 780 7705

Irish Girl Guides

Irish Girl Guides (IGG) is a youth-driven, dynamic organisation offering a varied and exciting programme for girls and young women aged 5-30, and opportunities for women of all ages. As a girl-only movement, girls are free to develop and express themselves in a safe, comfortable, supported setting. Our members learn new skills, grow in self-confidence, develop teamwork and leadership skills, experience new activities, and build lifelong friendships. We have a strong emphasis on the outdoors, environment, community responsibility and global sisterhood. IGG actively promotes diversity and inclusion and welcomes girls and young women from all walks of life.

Location: There are a number of groups throughout Galway. See www.irishgirlguides.ie/unit-locator/ for more information.

When do we meet: Weekly, usually from September to May / June

Age groups: Ladybirds aged 5-7; Brownies aged 7-10; Guides aged 10-14; Senior Branch aged 14-30

Contact details: Mary at info@irishgirlguides.ie or phone 01 668 3898

When and how you can join: Enquire any time. Places can be limited if we don't have enough Leaders. You may have to wait until September to join your local group. www.irishgirlguides.ie/how-to-get-involved

Travel: Young people would need to travel to the group.

See online map on www.youth.ie/online-interactive-map

Youth Work Ireland Galway:

Counselling service

Youth Work Ireland Galway offers a free Youth Counselling Service to young people aged 12-21 years in their Regional Office.

Location: Youth Work Ireland Regional Office, 41-43 Prospect Hill, Galway

When do we meet: by arrangement

Age group: 12-21yrs

When and how you can avail of the service: Contact us for details.

Contact details: Aisling Dermody, email: aisling.dermody@youthworkgalway.ie

Travel: Young people would need to travel to the youth centre, Our Regional Office is a 38 minute walk from Eglington or 12 minute drive.

Other: Subsidies are available to young people in Direct Provision.

Web: www.youthworkgalway.ie

www.facebook.com/youthworkirelandgalway

Youth Work Ireland Galway:

Westside Youth Project

Westside Youth Project is part of Youth Work Ireland Galway. We offer a range of after-schools groups including cookery, art, crafts, exercise, music etc and free one-to-one tuition for exam years in secondary school. Services are free and we offer some subsidies to enable participation of young people in direct provision accommodation centres.

Location: Westside Youth Project, Corrach Bui Community Centre, Seamus Quirke Rd, Galway City

When do we meet: Weekly

Age group: 13-19 yrs

When and how you can join: There is a range of different groups throughout the year. Contact us for details.

Contact details: Isabel, email: isabel.westside@youthworkgalway.ie or phone: 087 914 1522

Travel: Young people would need to travel to the youth centre, Westside Youth Project is a 30 minute walk from Eglington

Other: Subsidies are available to young people.

Web: www.youthworkgalway.ie

www.facebook.com/youthworkirelandwestside/

www.facebook.com/youthworkirelandgalway



shOut – Youth Work Ireland Galway

shOUT is a Youth Work Ireland Galway project that works with Lesbian, Gay, Bisexual Transgender or Questioning young people aged 13-17 and 18-25 years of age in the Galway region. shOUT provides a place where young LGBT people can be themselves and socialise with their peers in an open and accepting environment. If you're nervous somebody will meet you so that you'll have a friendly face for your first time through the door! The project aims to promote friendships with peers, to provide an experience of inclusion, acceptance, and social justice in a supportive environment.

Location: Youth Work Ireland Galway, 43 Prospect Hill, Galway City, Galway.

When do we meet: Weekly

Age group: 13-25 (13-17; 18-25)

When and how you can join: There is a range of different groups throughout the year contact for more details.

Contact details: Anne-Marie Hession, email: shout@youthworkgalway.ie or phone: 087 773 8529

Travel: Young people would need to travel to the group. 13 minute drive from Eglinton or 40 minute walk.

Web: www.youthworkgalway.ie
www.facebook.com/shOUTGalway/

Scouting Ireland

Scouting Ireland is part of the worldwide movement of Scouting. We work through a non-formal educational approach with boys and girls. We focus on the development of young people as whole individuals, by building knowledge, skills, responsibility but above all character. In Ireland, as across the globe, Scouting works on team building, leadership, outdoor learning, a code of living and service to others. Scouting Ireland is working toward an inclusive environment, that it is not just open to all, but welcoming to all.

Location: There are a number of scouting groups in Galway. For locations, see www.scouts.ie/Get-involved/Group-Locator/

When do we meet: Usually once a week from September to July as well as overnight trips

Age Groups: Beavers aged 6-8; Cub Scouts aged 9-11; Scouts aged 12-15; Venture Scouts aged 15-17; and Rovers aged 18-25

Get started: Contact Karol Quinn, email kquinn@scouts.ie, or phone 086 044 9904

When and how you can join: Enquire anytime. Places can be limited if we don't have enough Leaders. You may have to wait until September to join your local group. www.scouts.ie/about/About-Scouting

Travel: Young people would need to travel to the group