

APPENDIX 2:**USEFUL RESOURCES, MATERIALS AND PROGRAMME IDEAS**

Note: The resources listed in this Appendix will be of use for both youth work staff, trainers, facilitators and volunteers.

Visit <http://www.youth.ie/publications> for links to a range of useful resources and training for workers and volunteers working with young people in youth clubs/projects.

You will find links to the following resources:

RESOURCE TITLE	WEBSITE LINK
Recognition and Reward - NYCI Resource on Volunteering and Volunteer Support	http://www.youth.ie/publications
Let's Beat Bullying - An anti-bullying resource for those working with young people in youth work settings	http://www.youth.ie/publications
Healthy Eating Active Living - A resource for those working with young people in youth work settings	http://www.youthhealth.ie/publications
Health Promotion - A Practice Manual	http://www.youthhealth.ie/publications
The NYCI Development Education Programme has a wide range of resources and activities available to download at:	http://youthdeved.ie/resources
Promoting Quality in Intercultural Work: 12 steps to good practice	http://www.intercultural.ie
Access All Areas: A Diversity Toolkit for the Youth Work Sector	http://www.youth.ie/publications
Why Don't We? Youth Participation Resource Pack	http://www.youth.ie/publications

USEFUL RESOURCES, MATERIALS AND PROGRAMME IDEAS

RESOURCE TITLE	WEBSITE LINK
Toolkit - Essential Guidelines for Good Youth Work Practice. City of Dublin Youth Service Board, 2009	http://www.cdysb.ie/publications
City of Dublin Youth Service Board, 2009	http://www.cdysb.ie/publications
Youth Café Toolkit. Office of the Minister for Children and Youth Affairs (OMCYA, 2010)	http://omc.gov.ie/documents/publications/Youth_Cafe_Toolkit.pdf
Youth Café Best Practice Guide. Office of the Minister for Children and Youth Affairs (OMYCA, 2010)	http://omc.gov.ie/documents/publications/Youth_Cafe_Best_Practice_Guide.pdf

USEFUL RESOURCE MATERIALS AVAILABLE FROM:

Irish Youth Work Centre (IYWC),
20 Lower Dominick Street, Dublin 1
(t):01-8584500 (f): 01-8724183
(e):fbissett@youthworkireland.ie/ghalpin@youthworkireland.ie



RESOURCE TITLE	DESCRIPTION	
<p>A Slice of Teenage Life: Not Just Another Teen Story by Kids Own Publishing, 2004 Price: €5.00</p>	<p>Book of stories on teenage life in Ireland. The book is a result of a partnership between Kids Own Publishing Partnership and youth workers from the National Youth Federation. The aim of the project was to involve young people in the process of book publishing from an initial idea to a finished published product.</p>	
<p>An Evaluation of Youth Club Practice by David Tracey, 1991 (IYWP) Price: €4.00 (Available as a photocopy only)</p>	<p>Research report looking at youth club practice in Ireland. The report paper is structured in three parts – The historical background to youth club development; The research findings and Recommendations.</p>	

RESOURCE TITLE

Anti-Racist Work with Young People – European Experiences and Approaches by Anna Aluffi-Pentini & Walter Lorenz, 1996 (RHP)
Price: €22.00

Art of Youth Work (2nd Edition) by Kerry Young, 2006 (RHP)
Price: €18.00

Complete Fundraising Handbook (5th Edition) by Nina Botting, Herbst & Michael Norton, 2007 (DSC)
Price: €20.00

Creating Magic: Developing Arts-Based Practices with Young People by NYAP, NYF & CDYSB, 2003 (IYWP)
Price: €5.00

Creative Outdoor Work with Young People by Alan Smith, 1994 (RHP)
Price: €18.00

Delivering Training by Night Shift Enterprises
Price: €7.00

DESCRIPTION

Book covering the theoretical overview to practical possibilities of anti-racist work with young people. It includes 23 activities, ranging in duration from 10 minutes to a whole day, which can be used independently or as part of a planned programme. They focus to different degrees on questions of identity, 'difference' and exclusion and racism. It also outlines practical case studies of anti-racist work in European countries.

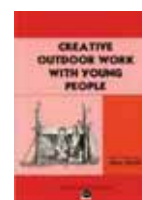
The Art of Youth Work has become a standard text for both youth work practitioners and students. In its first edition it argued that youth work is centrally concerned with making relationships with young people, which support them in creating themselves and the values and meanings that shape their lives and guide their actions in the world.

The new edition of this handbook has been updated and is divided into three parts covering - Fundraising principles/strategies; Sources of funding and Fundraising techniques. Illustrated with case studies throughout this guide provides a wealth of practical advice on every aspect of fundraising for charity.

Training resource resulting from a three-year collaboration between the 3 named agencies. Sections in the handbook include the arts & young people and planning an arts project. It also includes a practical set of appendices on responsibilities of youth workers and artists.

Handbook for those working outdoors with young people, especially youth leaders, teachers and instructors. It contains 95 successfully tried and tested activities and games which cover: Finding the way; Orienteering; Camp activities; Problem solving; Studying the environment; Canoe games; Planning and safety; Choosing accommodation, and more.

Handbook provides direct training materials for use either individually or with group training. It provides hints and tips in addition to individual and group exercises written around a whole range of themes and topics.



RESOURCE TITLE

Delivering Training II
by Night Shift Enterprises
Price: €7.00

Golden Hours – Games for
Groups
by Thomas Moloney, 2003
(RHP)
Price: €18.00

Insights Into... Programme
Starter Pack Series
by Fran McVeigh, 1992,
(IYWP)
Price: €5.00

Leadership with Young
People
by Peter Barnes, 2002
(RHP)
Price: €18.00

New Youth Arts & Crafts
Book
by Alan Dearling & Howie
Armstrong, 1996 (RHP)
Price: €16.00

New Youth Games Book
by Alan Dearling & Howie
Armstrong, 1994 (RHP)
Price: €16.00

DESCRIPTION

Handbook provides direct training materials for use either individually or with groups. The exercises are practical and are staged in difficulty from new entrants in the service to those who have been around for several years. Topics covered include communications, curriculum development training and auditing youth work.

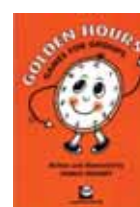
Collection of 50 tried & tested exercises for group leaders, teachers and club workers. It offers a selection of icebreakers, warm-up games and fun activities designed for groups of all ages. Most of the activities require no special equipment and can be played with little preparation.

Series of 3 packs – The Healthy Me; The Fit Me and The Creative Me, each is designed to assist leaders generate programme discussion with groups of young people. Each pack includes background information to put the topic into context and has a number of sessions to generate discussion.

This book is aimed at all those volunteers and professionals who work with young people and need to understand the effective use of personal leadership. It introduces some of the more relevant leadership theories in a readable manner and provides ideas on putting them into use. It is factual, concise and easy to read, giving directions to areas or further study. The use of real commentary from young people enhances the read and draws attention to individual needs in a group environment.

Packed with a wide and diverse range of practical arts and crafts activities to use with young people, this book represents the best of the old and new. Most are activities that can be run without specialist training. It includes - simple crafts alongside; cooking and baking as a cultural activity; eco-activities; story telling; carnival; circus skills and much more. Each entry includes: How to do it, advice on materials, suppliers, and commentary on important aspects such as space, time, safety, staffing, problems and pitfalls and how to avoid them.

A classic resource for training with young and old with over 200 practical activities and guidance on how to use them. The book encourages interaction between people to: have fun; develop positive relationships; learn literacy and numeracy skills; increase creativity and imagination; cope with tension and stressful situations; break down barriers and ease the getting-to-know new people process.



RESOURCE TITLE

Preparing for Training
by Night Shift Enterprises,
1997
Price: €7.00

There's Something To Do!
A Thematic Arts Based
Activity Pack for Working
with Young People
by Catherine McGowan
(Kaye), 2006 (IYWP)
Price: €10.00

Tried and Tested Ideas for
Local Fundraising Events
(3rd Edition)
by Sarah Passingham, 2004
(DSC)
Price: €16.00

World Youth Games
by Alan Dearling & Howie
Armstrong, 1995 (RHP)
Price: €18.00

Youth Clubs – Association,
Participation, Friendship
and Fun!
by Sue Robertson, 2005
(RHP)
Price: €18.00

Youth Work Process,
Product and Practice –
Creating an Authentic
Curriculum in Work with
Young People by John Ord,
2007 (RHP)
Price: €20.00

DESCRIPTION

Resource deals with techniques, styles and background work involved in introducing training courses and sessions. Topics include training methodologies, organising of training events, presentation skills, learning resources and assessing effectiveness of a trainer.

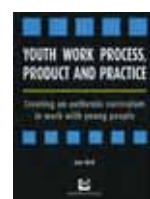
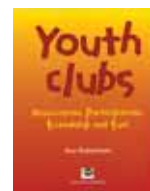
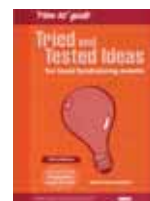
Resource developed in response to requests from staff and volunteers of Youth Work Ireland who wanted to do more art-based activities with young people. Resource draws together a range of arts and craft activities that anyone can attempt with a group without necessarily requiring any prior experience.

Newly revised and update this is an essential practical guide for anyone wishing to organise a local fundraising event. It offers a wealth of information on all aspects of putting on a successful event including choosing the event; deciding where and when it should take place; attracting the right audience; safety issues and detailed plans for 26 money-spinning ideas that really work.

This collection of over 200 games and activities explains equipment, aims and rules of the games; and offers advice on how successful each activity is likely to be with different ages and ability groups, and potential pitfalls. It includes table games, board games, outdoor sequences and relationship games. It is delightfully illustrated and contains easy-to-follow instructions.

Youth work can include buildings-based generic work in communities and short-term projects targeted on disaffected young people. Sometimes both operate together. Sometimes one is promoted at the expense of the other. This book documents the history of club work and explains why it is so valuable. It sets out a powerful case for preserving and developing it and offers guidance on managing and working in clubs to help achieve such objectives, especially those expressed by young people.

The context for this book is the ever-widening gap between youth work theory and youth work practice, in which practice continues to be ever more informed and delivered according to a curriculum, and yet the dominant philosophy of informal education continues to claim curriculum is anathema to it. This book sets out to solve this dilemma by formulating a viable theoretical base for curriculum in youth work. It analyses curriculum theory from the formal educational sector, and assesses its suitability for a youth work curriculum.



USEFUL WEBSITES – PROVIDING PROGRAMME IDEAS, ACTIVITIES FOR USE WITH YOUNG PEOPLE IN CLUBS, GROUPS AND PROJECTS

WEBSITE LINK

<http://www.youthwork-practice.com/games/program-ideas-group-meetings.html>

<http://www.gameskidsplay.net/>

<http://www.gamesforgroups.com/>

<http://www.funattic.com/games.htm>

<http://www.funandgames.org/>

<http://www.kimskorner4teachertalk.com/classmanagement/icebreakers.html>

<http://www.wilderdom.com/games/>

<http://www.nwlink.com/~donclark/leader/icebreak.html>

<http://wilderdom.com/games/IdeasSummerCampActivities.html>

<http://www.youthgroupgames.co.uk/summer-games-for-youth-groups.html>

<http://homeworktips.about.com/od/preparingforcollege/a/summergames.htm>

<http://www.campresources.co.uk/activities/Active-Games.html>

<http://www.cypnow.co.uk/Archive/917397/Work-Pack-Youth-club-activities---Summer-fun/>

DESCRIPTION

Provides 200 programme ideas for group meetings or camps.

Provider rules and general games information and directions for 250 games

Provides free activities from two therapeutic books that cover the topics of self-esteem, anger management, communication skills, self-discovery, coping skills and teamwork. You will find additional team building activities including mixers, ice breakers, and open up games from the two team-building books.

Provides game ideas, resources and activities for birthday parties, picnics, youth groups, summer camps, company events, educators, family life, home schooling or just for the fun of it.

Provides an online resource for all those looking for ideas, games and things to do for children and young people.

Provides a selection of icebreakers and energisers for use with groups.

Provides descriptions of icebreakers, team building exercises, psychological exercises, environmental activities, etc for use with youth groups.

Provides information on lost of activities that can be adapted for use with youth groups.

Provides ideas for summer camps and youth activities.

Provides ideas for summer camps and youth activities.

Provides fun summer time activities for young people.

Provides summer camp activities for young people.

Provides an overview of youth club and summer fun activities for use with young people.

USEFUL TEXT BOOKS – PROVIDING PROGRAMME IDEAS, ACTIVITIES FOR USE WITH YOUNG PEOPLE IN CLUBS, GROUPS AND PROJECTS

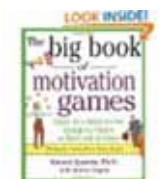
All are available for purchase at www.amazon.co.uk

USEFUL BOOKS

The Big Book of Team Building Games. (John Newstrom & Edward Scannell, 1998).



The Big Book of Motivation Games: Quick, Fun Ways to Get People Energized. (Robert Epstein and Jessica Rogers, 2001).



The Big Book of Team-Motivating Games: Spirit-Building, Problem-Solving and Communication Games for Every Group. (Mary Scannell and Edward Scannell, 2009).



The Big Book of Creativity Games: Quick, Fun Activities for Jumpstarting Innovation. (Robert Epstein, 2000).



Enjoy!: 101 Little Ways to Add Fun to Your Work Every Day. (Gini Graham Scott, 2008).



The Big Book of Brain-Building Games: Fun Activities to Stimulate the Brain for Better Learning, Communication and Teamwork. Edward E. Scannell and Carol Burnett, 2009)



Teambuilding with Teens: Activities for Leadership, Decision Making, and Group Success [With CDROM]
 Mariam G. MacGregor, 2007).



Teambuilding Activities for Every Group. (Alanna Jones, 1999)



More Team-Building Activities for Every Group by Alanna Jones, 2008).



The Big Book of Leadership Games.
 (Vasudha K. Deming, 2004).



The Icebreakers Pocketbook.
 (Alan Evans, Paul Tizzard, and Phil Hailstone, 2003).



The Openers and Closers Pocketbook. Paul Tizzard, Alan Evans, and Phil Hailstone, 2005).



Teambuilding Activities Pocketbook
 by Paul Tizzard and Phil Hailstone, 2006)

