

Picture of Health



Aim

to highlight health issues for young people around the world

Age

6 years and older

Time

15-45 minutes

Materials

photo pack, art materials

Action

Display the posters in a public place such as a parish centre, supermarket, library or youth centre.

Note to Leader

Either use all the photos or select enough for the number of groups. Encourage at least one of the groups to use a photograph from Ireland.

What to do

Option 1 (15 minutes)

Choose a photo. Everyone sits in a circle. Explain that the group is going to tell a story. The first person gives a line of the story and it passes on to the next person who gives the next line. From time to time ask questions like 'how does s/he feel? Or 'what effect did it have?' to steer the story towards health issues. Keep going until everyone has contributed. For younger age groups, you may need to ask more questions to keep the story going.

Option 2 (45 mins)

Break into groups. Ask each group, to list in two minutes as many words as they can associated with health. Get feedback from the groups on how many words they come up with.

Spread out a selection of the photos on the floor. Explain that the groups should choose a photo that highlights an aspect of health for young people. Allow 5 minutes for this. Share out the paper and art materials. Ask the groups to discuss what is happening in the photo. Who is involved? Where is the photo taken? After 5 minutes, ask the groups to design a poster that highlights the particular issue they have chosen. They have 20 minutes to do this.

The groups present their photo and the poster, giving a brief description of each. Display the posters on the walls.

In the large group, discuss if the issues raised are specific to particular groups in society or to particular countries or regions of the world. Which of the health issues are common to young people around the world?

Alternatively, the groups could develop a short drama around their photo. This could be frozen at a key moment, recreating the photo. The others can ask the characters questions.