

Resources for Undertaking Inclusive Youth Work



For Direct Support on Inclusive Youth Work

- Contact us at NYCI: Anne Walsh (Equality and Intercultural Project Manager) anne@nyci.ie
- We provide training on the following areas:
 - Transforming Hate in Youth Work
 - Journey Toward Inclusion – working with the 8 Steps Framework
 - Embedding Diversity in Youth Work – working with Access All Areas Diversity Toolkit
 - Intercultural Awareness and Cultural Competency,
 - Developing an Equality, Diversity and Inclusion Policy and Implementation Plan, (2 day course)
 - Tackling Racism, Sexism and Homophobia

Tailored training can also be provided on demand for youth groups of 12 or more participants. Contact us for more information [anne@nyci.ie]

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***Please note: The NYCI 'Access All Areas: A Diversity Toolkit for the Youth Sector' is regarded as the key text in relation to these topics, and is linked to in each relevant chapter.**

- Resources for inclusive youth work
- Working with young people from minority ethnic backgrounds and interfaith youth work
(including intercultural resources)
- Supporting young refugees and asylum seekers
- Working with LGBTI+ young people
- Working with young Travellers
- Working with young people with a physical disability, who have sight loss, or hearing difficulties
- Working with young people with a learning disability
- Working with young people with a mental health issue
- Working with young people involved in the Juvenile Justice System
- Working with young parents
- Working with early school leavers
- Working with young women and young men to challenge gender stereotypes
- Working with young carers
- Working across the generations
- Working with young people in rural and geographically isolated areas
- Working with young people who are affected by homelessness
- Intersectional youth work and other resources

RESOURCES FOR INCLUSIVE YOUTH WORK

Key resources from the NYCI Equality and Intercultural Programme:

- **8 Steps to Inclusive Youth Work:** Promoting best quality inclusive practice in youth work settings.

www.youth.ie/sites/youth.ie/files/NYCI-8-steps-inclusive.pdf

- **Access All Areas: A Diversity Toolkit for the Youth Sector:** Includes chapters on working with young people from a minority ethnic background; LGBT young people; young Travellers; young people with a physical disability, who have sight loss or who are deaf; young people with a learning disability; young people with mental health issues; young people involved with the juvenile justice system; including young parents, young people with education, employment or training needs and on including young men and women equally; young people in rurally isolated areas; and young people experiencing homelessness.

www.youth.ie/articles/access-all-areas/

In particular see:

[Access All Areas Introduction: how to get started](#)

[Access All Areas Chapter One: promoting inclusive youth work practice, organisational support](#)

- **Let's Act on Inclusion Video Series:** 10 short videos on equality and inclusion. Each clip can be used to start a conversation with your team or youth group.

www.youth.ie/articles/lets-act-on-inclusion-a-video-series/

- **Transforming Hate in Youth Work Settings:** This educational tool and practice manual outlines an innovative new approach on how to transform hate in youth work settings. Focused on the youth worker, and their practice, it looks at self-awareness, taking a needs-based approach, and building connections with young people through empathic listening.

www.youth.ie/articles/transforming-hate-in-youth-work-settings/

- **Beyond Hate – A Journey with Young People Towards Inclusion:** This resource was developed to accompany the Transforming Hate manual. It is an activity resource that youth workers can use with young people to explore and transform hate in youth work settings.

www.youth.ie/articles/transforming-hate-in-youth-work-settings/
- **Life Stories:** This is an educational activity pack that gives a voice to young people from a diverse range of minority groups in Ireland. The young people’s stories form the basis of the pack. These stories are supported by group work, simulation games, drama and art activities, which enable young people to explore identity in Ireland and around the world.

www.youth.ie/documents/lifestories-2004/
- **All Different All Equal:** An anti-racist and intercultural education resource for youth workers: This resource attempts to accommodate the considerable changes that have occurred in Ireland over the last few decades with regard to population diversity. The resource aims to help youth workers address issues of racism and equality with their young people. It puts these issues in a global context, highlighting the links between migration and development and between Ireland and other countries around the world.

www.youth.ie/documents/all-different-all-equal-ireland-2006/
- **Transforming Shadows:** This is an education resource for youth workers on conflict transformation.

www.youth.ie/articles/transforming-shadows-project/

General resources:

- **University of South California: *The MSW @ USC Diversity Toolkit: A Guide to Discussing Identity, Power, and Privilege*:** This toolkit has useful activities that address issues such as Social Justice, Power and Privilege etc.

<https://msw.usc.edu/mswusc-blog/diversity-workshop-guide-to-discussing-identity-power-and-privilege/>

- **CDYSB: *Toolkit of Essential Guidelines for Good Youth Work Practice***: The toolkit contains a range of tools which are essential for the development of good youth work practice. It is targeted at youth work professionals and practitioners.

www.cdysb.ie/Library/Toolkit-of-Essential-Guidelines-for-Good-Youth-Wor.aspx
- **The Equality Authority: *Give Stereotypes the Boot***: This resource provides an introduction to the issue of stereotyping in an Irish context.

www.ihrec.ie/download/pdf/give_stereotypes_the_boot.pdf
- **Irish Human Rights and Equality Commission: *Spotlight on Stereotyping, A Resource for Teachers of Civic, Social and Political Education***: This resource was written in collaboration with the Professional Development Service for Teachers. The resource links to key concepts included in the CSPE curriculum such as identity, human rights and human dignity, equality, community and the law, and also includes ideas for action projects.

www.ihrec.ie/download/pdf/spotlight_on_stereotyping_a_resource_for_teachers.pdf
- **Irish Human Rights and Equality Commission: *Equality and Diversity, Building a Culture of Equality in our Society***: This resource is intended to support young people in critically exploring the concepts of equality and diversity and in acting to build a culture of equality within their own environment and within society. It is written in collaboration with City of Dublin Vocational Education Committee Curriculum Development Unit.

www.ihrec.ie/download/pdf/equality_diversity_building_a_culture_of_equality_in_our_society.pdf
- **City of Dublin Vocational Education Committee Curriculum Development Unit: *Tackling Controversial Issues in the Citizenship Classroom***: this resource was written in collaboration with the Professional Development Service for Teachers. It provides a practical approach which allows students to explore controversial issues which arise in citizenship and other areas of the curriculum in a way which is safe for both teacher and students. www.ubuntu.ie/media/controversial-issues.pdf

- **Council of Europe: *Teaching Controversial Issues, Professional Development Pack for the Effective Teaching of Controversial Issues***: This resource is a professional development programme for teachers which is designed to support and promote the teaching of controversial issues in schools in Europe.

www.rm.coe.int/CoERMPublicCommonSearchServices/DisplayDCTMContent?documentId=09000016806948b6
- **Council of Europe: *Compass, the Manual for Human Rights Education with Young People***: *Compass* is written for everybody with an interest in human rights who wishes to engage in HRE and is an extensive, valuable resource from COE.

www.coe.int/en/web/compass/
- **Irish Human Rights and Equality Commission: *Express Yourself***: this 6 Step Teacher's Guide to CPSE Human Rights Action Project invites young people in Ireland to promote human rights.

www.bit.ly/2veTFbg
- **Irish Human Rights and Equality Commission: *Equality in Second-level Schools, A Training Manual for Educators and Trainers***: The aim of the supplement is to support teacher educators in the design and delivery of education for equality and human rights.

www.ihrec.ie/download/pdf/equality_in_second_level_schools.pdf
- **Irish Human Rights and Equality Commission: *Grounds for Action. Building a Culture of Equality in our Society***: This resource is aimed to be used with secondary school students around equality and diversity.

www.ihrec.ie/download/pdf/grounds_for_action_building_a_culture_of_equality_in_our_society.pdf
- **Irish Human Rights and Equality Commission: *Human Rights, Equality and Teacher Education***: The aim of the supplement is to support teacher educators in the design and delivery of education for equality and human rights.

www.ihrec.ie/download/pdf/human_rights_equality_and_teacher_education.pdf

- **Include Youth: *Blow Your Socks Off***: This video is an inclusive and creative way to look at shared experiences by vulnerable and disadvantaged young people in finding employment.

www.vimeo.com/74376667

- **International Falcon Movement – Socialist Educational International: *All Together – Making Inclusion Happen Handbook***: This handbook operates within IFM-SEI’s framework of their project All Together 2.0 in 2014 and is developed around the topic of social inclusion

www.ifm-sei.org/en/publications/all-together/

See also: www.all-together.eu/

- **The National Youth Council of Ireland: *Inequality and the Stereotyping of Young People***: this report, written in collaboration with IHREC, sets out and analyses a remarkable and disturbing consensus among young people as to how they are stereotyped by so many of the adults they come into contact with.

www.ihrec.ie/app/uploads/download/pdf/inequality_and_the_stereotyping_of_young_people.pdf

WORKING WITH YOUNG PEOPLE FROM MINORITY ETHNIC BACKGROUNDS AND INTERFAITH YOUTH WORK

Resources from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit:** Chapter 2 - Working with Minority Ethnic Young People.
www.youth.ie/wp-content/uploads/2019/05/Chapter-2-Working-with-minority-ethnic-young-people.pdf
- **Make Minority a Priority:** This qualitative study explores the perspectives and experiences of 50 young minority ethnic people aged 15 to 24 years who have grown up in Ireland. This NYCI study aims to spark evidence informed debate in the youth sector and recommends new ways for youth organisations to work with young people from minority ethnic backgrounds.
www.youth.ie/articles/make-minority-a-priority-report/
- **Promoting Quality in Intercultural Youth Work – Phase One:** This resource outlines how intercultural youth work is practiced in 8 different youth work organisations. Laid out as 12 steps to good practice, each step covers key aspects of youth work
www.youth.ie/articles/promoting-quality-in-intercultural-youth-work-good-practice-resource-phase-1/
- **Promoting Quality in Intercultural Youth Work:** This resource follows on from phase one to show how seven Dublin-based organisations have approached intercultural youth work.
www.youth.ie/articles/promoting-quality-in-intercultural-youth-work/
- **Practical Guidelines for Supporting Interculturalism in Youth Work:** This document responds to frequently asked questions that NYCI receives on the inclusion of cultural and minority ethnic young people and leaders in youth work and was a precursor to the Access All Areas resource. Note that it is from 2009.

www.youth.ie/documents/guidelines-interculturalism-youthwork-may-2009-accessible/

- **Report on Consultations for an Intercultural Strategy for Youth Work:** This report summarises information gathered as part of the focus group consultations held with young people, their parents, youth workers and representatives of minority ethnic communities including youth workers from minority ethnic backgrounds. Note this resource is from 2008.

www.youth.ie/articles/report-on-consultations-for-an-intercultural-strategy-for-youthwork/

Further resources from the NYCI Development Education Programme:

- **Peace and Justice: It's Up to YOUth:** This resource for youth workers on peace, justice and the sustainable development goals. It provides activities and opportunities for young people (and those who work with young people) to engage more on key issues of our time, to reflect on root causes and consequences, and looks to future pathways to peace, justice and equality.

www.youth.ie/documents/peacejusticesdgsresource-web/

- **Global Rights, Noble Goals:** This resource, which includes activities, seeks to put the plight of refugees and the drivers of migration into a wider political context with the sustainable development goals as a tool providing insight and empathy.

www.youth.ie/Global_Rights_Resource

- **One World Week:** This is a week of youth-led awareness raising, education and action that takes place throughout Ireland every year. Young people and those who work with young people learn about local, national and global justice issues and take action to bring about positive change. Scroll to the bottom of the page for resources published each year for One World Week.

www.youth.ie/programmes/projects-initiatives/one-world-week/

General resources for educators:

- **Irish Network Against Racism: *Responding to Racism Guide***: This is a key resource for youth workers to read and to have access to. It is developed for those who have experienced or witnessed racism, or those who are supporting them.
<https://inar.ie/reporting-racism-in-ireland/>
- **Pavee Point: *Roma in Ireland – A National Needs Assessment***: This excellent report looks at the education, health, housing, employment and child welfare needs for the Roma community in Ireland.
www.paveepoint.ie/wp-content/uploads/2015/04/RNA-PDF.pdf
- **Bluebell Youth Service *'How Do I Get The Balance In My Head'***: This research explored minority ethnic young people's experience and knowledge of youth work provision and it sought to discover if current youth services were the right fit to meet their needs.
www.youth.ie/articles/how-do-i-get-the-balance-in-my-head/
- **CDET Youth and Education Service for Refugees and Migrants: *One Hundred and Ten Percent***: This video resource, aimed at professionals working with young people in the youth and education sector, highlights issues faced by young people from minority ethnic backgrounds it intends to stimulate and facilitate discussion and reflection.
www.separatedchildrenservice.wordpress.com/resources/
- **North West Inner City Network: *Opening Doors***: Intercultural Toolkit. Contact 01 6774025 or info@nwicn.ie
www.nwicn.ie
- **City of Dublin Vocational Education Committee Curriculum Development Unit: *Changing Perspectives - Cultural Values, Diversity and Equality in Ireland and the Wider World***: This resource aims to enable and empower students to become participative, aware and responsible citizens. It was written in

collaboration with the National Consultative Committee on Racism and Interculturalism.

www.developmenteducation.ie/media/documents/ChangingPerspectives.pdf

- **City of Dublin Vocational Education Committee Curriculum Development**

Unit: *Israel and Palestine, How will there be Peace?*: This resource was written in collaboration with Sadaka and the Centre for Cross Border Studies. This resource aims to help post-primary students in Ireland to explore the Palestinian-Israeli situation within the context of Human Rights.

www.sadaka.ie/What_We_Do/Education/EducationFiles/CDC_Palestine&Israel_How_will_there_be_a_Just_Peace.pdf

- **Irish Human Rights and Equality Commission: *Intercultural Training for Yellow***

Flag Schools: This is a training resource for the Yellow Flag programme which focuses on awareness raising.

www.ihrec.ie/download/pdf/intercultural_training_for_yellow_flag_schools.pdf

- **IOM and UNHCR: *Not Just Numbers, Educational Toolkit on Migration and***

Asylum in Europe: This is a toolkit about migration and asylum in the European Union designed to help teachers and other educators to engage young people in informed discussion on this subject, for ages 12+.

www.unhcr.org/numbers-toolkit/NJN-MANUAL-EN.pdf

- **University College Cork (UCC) Migrant Children Project Final Report: *Tell me***

About Yourself: This research aimed to address gaps in hearing young migrants voices, and to provide children's and young people's perspectives on issues relating to recent immigration to Ireland.

<https://cora.ucc.ie/handle/10468/5625>

- **International Board on Books for Young People Ireland: *Cross-Currents, A Guide to Multicultural Books for Young People***: This resource highlights the important

role of books in promoting respect for human and cultural diversity.

www.ibbyireland.com/uploads/8/6/2/7/86276512/cross-currents.pdf

- **United Nations Office of the High Commissioner for Human Rights: *ABC Teaching Human Rights***: This resource provides practical activities based around human rights for primary and secondary school children.

www.s3.amazonaws.com/inee-assets/resources/ABC_Teaching_Human_Rights.pdf
- **The Weight of Water by Sarah Crossan**: This is a startlingly original piece of fiction; most simply a brilliant coming of age story, it also tackles the alienation experienced by many young immigrants. Moving, unsentimental and utterly page-turning, we meet and share the experiences of a remarkable girl who shows us how quiet courage prevails.
- **The Garda Racial, Intercultural and Diversity Office (GRIDO): *Your Police Service in Intercultural Ireland***: The Garda Síochána has produced this resource which is a helpful piece of information on the Irish law which may affect people in their daily lives. It is also available from the GRIDO office in the following languages Arabic, Chinese, English, French, Irish, Latvian, Lithuanian, Polish, Portuguese, Romanian, Russian and Spanish. More information is available from GRIDO, from your local Garda Station and from Citizen’s Information Offices. Please note: this document is slightly outdated and certain legal statements may have changed, however the essence of it remains true.

www.ec.europa.eu/migrant-integration/librarydoc/your-police-service-in-intercultural-ireland

General activity-based resources:

Please note: some of these resources have been developed for teachers, however they can be adapted for a youth work context.

- **Scouterna: *Them ‘n’ Us – a toolkit on diversity in Scouting***: This resource includes perspectives on ethnicity, religion, culture in terms of Scouting culture and outdoor life.

www.issuu.com/worldscouting/docs/them_n_us/

- **SALTO-YOUTH: ID Booklet:** A practical manual with activities that stimulate youth work to be more inclusive and reach a more diverse target group. Their website also has further resources around equality and interculturalism.

www.salto-youth.net/IDBooklet/
- **SALTO Cultural Diversity Resource Centre: *Valuing the Difference Resource Pack*:** This pack is designed to explore the topic of cultural diversity and many of the related and complex issues people face today.

www.salto-youth.net/downloads/4-17-3332/Final.pdf
- **Canal Communities Intercultural Centre: *The Diversity Project Resource Pack*:** is a drama-based resource for working with young people. Ideal for doing pre-development work with groups who will be welcoming new members. CCIC developed the resource with their partners.

www.youth.ie/articles/the-diversity-project-report-pack/
- **Women's Refugee Commission with UNHCR: *Global Refugee Youth Consultation Toolkit*:** This toolkit aims to ensure that the voices of young refugees are heard in a variety of contexts. It provides guidance on how to deliver short consultations, over one day or less, that will gather similar information to the longer formal four-day format. This toolkit has been formulated for easy use by NGOs, CBOs and youth organisations in their countries.

www.unhcr.org/ngo-consultations/ngo-consultations-2016/Toolkit-Global-Refugee-Youth-Consultations.pdf
- **Bridges and Barriers to Unity - A Toolkit for Youth Work to Promote Diversity and Inclusion:** This is a resource manual borne from several organisations coming together to discuss how to support youth workers in promoting diversity and inclusion in their youth work.

www.youth.ie/documents/bridges-and-barriers-to-unity/
- **CDYSB and 80:20: *Vary Us - Exploring Diversity, Interculturalism, Identity*:** This resource pack encourages young people, youth workers and facilitators to work

together to explore and debate the themes of identity, the cultural and social changes taking place in our communities and how we can respond positively and creatively to these changes.

www.cdysb.ie/Files/VaryUs.aspx

- **ECO-UNESCO: *Embracing Diversity***: This presents a flexible, easy-to-use range of workshops, simulation games and activities designed to make young people aware of the alternatives to prejudice and stereotyping, using environmental education. It celebrates multiculturalism and the environment.

www.unesdoc.unesco.org/images/0013/001375/137522e.pdf

- **Irish Girl Guides: *Outreach Pack***: This intercultural activity pack covers a wide age range.

www.irishgirlguides.ie/wp-content/uploads/2017/05/IGG-Outreach-Pack-2008.pdf

- **Show Racism the Red Card: *Show Racism the Red Card Education Pack***: this is an initiative set up to tackle racism in society through the medium of sport. Although this education pack is targeted towards schools (there is one for primary schools and one for secondary schools), this is a resource which can be used in other learning environments and in general anti-racism training.

www.theredcard.ie/teachers/

- **Comhlámh: *Diversity through the Arts***: a resource with lesson plans addressing issues of culture and diversity through drama, visual art, storytelling and music for primary schools.

www.issuu.com/comhlamh/docs/exploring_diversity_global_justice

- **Youth Work Ireland Tipperary: *“What's the Photostory?” Syria-Tipperary***: This resource for youth and community workers, comes with activities for guidance on how best to engage with photographs and stories to encourage a deeper understanding of the experiences of being displaced and in creating connections across community and young people.

youthworktipperary.ie/wp-content/uploads/2017/12/Whats-the-Photostory-Syria-Tipperary-A-teaching-resource.pdf

- **Chester Beatty Library: *Ways of Seeing II*:** This resource pack encourages inclusivity in the classroom and will provide teachers and pupils with resources and frameworks that explore diverse faiths and cultures: Islam, Christianity, Judaism, Hinduism, Buddhism and ancient Egyptian culture. It encourages teachers and pupils to engage with local collections in museums to do so.

www.chesterbeatty.ie/assets/uploads/2018/11/Ways-of-Seeing-II.pdf

- **SALTO Cultural Diversity Resource Centre: *The Sky is the Limit*:** This resource is an interactive guide for the creation of youth work projects with on interfaith dialogue.

www.salto-youth.net/downloads/4-172578/Salto_InterfaithDoc_10_for%20web.pdf

- **Think & Act: *Religious Diversity*:** this resource is aimed at primary school children.

www.thinkandact.ie/wp-content/uploads/2012/03/Religious-Diversity.pdf

- **Think & Act: *Faiths from Around the World*:** this resource is aimed at primary school children. This is a helpful chart on world religions.

www.thinkandact.ie/wp-content/uploads/2012/03/FaithsAroundWorld.pdf

Muslim Organisations:

- **Amal Women's Association:** 163 South Circular Road, Dublin 8. Amal mainline for support and information: 089-6122893, or e-mail: amal.hope@outlook.ie
- **The Islamic Foundation Ireland:** this website seems to have the most up to date and comprehensive information on Mosques and prayer rooms around Ireland.

www.islamicfoundation.ie/services/mosques-and-prayer-rooms/

- **Dublin Mosque and Islamic Foundation Ireland:** South Circular Road, Dublin 8. Contact: info@islaminireland.ie

- **Islamic Educational & Cultural Centre Ireland:** Blanchardstown, Dublin 15. Contact Dr. Umar Al-Qadri, Sufi cleric, at: dr.qadri@me.com
- **The Ahlul Bayt Islamic Centre:** Milltown, Dublin 14: Contact 01 260 4491
- **The Cork Mosque and Islamic Cultural Centre:** Contact corkmosque@corkmosque.org

Resources for working with young Muslims and tackling Islamophobia:

- **Immigrant Council of Ireland: Islamophobia in Dublin:** This research gained personal experiences of anti-Muslim racism while discussing with what supports people felt were required, how these supports should look, and the role civil society organisations can have in making these supports a reality. The lead researcher, Dr. James Carr also has a report *Experiences of Anti Muslim Racism in Ireland* which is worth reading if you can get your hands on a copy.

www.immigrantcouncil.ie/sites/default/files/2017-10/AR%20INT%202016%20Islamophobia%20in%20Dublin%20-%20Experiences%20&%20How%20to%20Respond.pdf
- **Forgotten Women: the impact of Islamophobia on Muslim women (ENAR):** Exploring the specific ways in which women who are Muslim identify themselves and how they experience discrimination and human rights violations in Europe. The project aims to document the disproportionate effect of Islamophobia on women and develop alliances between the anti-racism and feminist movements in order to better address the intersectional discrimination affecting Muslim women. The project took place in 8 countries, to get a representative picture of the situation of Muslim women in the European Union: Belgium, Denmark, France, Germany, Italy, Netherlands, Sweden and United Kingdom.

www.enar-eu.org/Forgotten-Women-the-impact-of-Islamophobia-on-Muslim-women

See also: https://youtu.be/E2K_SwDjCGo

- **National Centre of Excellence for Islamic Studies: *Islamic Teachings on Contemporary Issues for Young Muslims***: This resource is divided into eight themes, covering issues related to religion, identity and diversity, as well as more advanced themes.

[www.academia.edu/31342755/Islamic Teachings on Contemporary Issues for Young Muslims](http://www.academia.edu/31342755/Islamic_Teachings_on_Contemporary_Issues_for_Young_Muslims)
- **ODIHR: *Guidelines for Educators on Countering Intolerance and Discrimination against Muslims: Addressing Islamophobia through Education***: This resource focuses on promoting mutual understanding and respect for diversity.

www.osce.org/odihr/84495?download=true
- **ODIHR: *Toledo Guiding Principles on Teaching about Religions and Beliefs in Public Schools***: Aimed at both legislators and schools, this handbook offers guidance on preparing curricula for teaching about religions and beliefs, preferred procedures for assuring fairness in the development of curricula, and standards for how they could be implemented.

www.osce.org/odihr/29154
- **Reading International Solidarity Centre: *Understanding Islam, Challenging Islamophobia, A Toolkit for Teachers and Facilitators***: this resource aims to challenge misconceptions on Islam.

www.issuu.com/daveatrisc/docs/challenging_islamophobia_2014_lo
- **Runnymede Trust: *Young Muslim and Citizen. Identity, Empowerment and Change***: This resource includes ideas, activities and resources for parents, teachers and youth workers to support young Muslim voices to be heard.

www.yumpu.com/en/document/view/6928268/young-muslim-and-citizens/
- **National Women’s Council of Ireland: *Making Our Voices Heard, The Stories of Muslim Women in Ireland***: Ireland is a country that has become increasingly multicultural in the last decade, but real integration has proven slower. This book is of particular value because it presents a diverse spectrum of Muslim women’s stories. www.nwci.ie/download/pdf/nwci_muslimwomen.pdf

- **Growing Islamophobia in Europe: Recent developments in Germany, Sweden and France (ENAR):** Islamophobia is a specific form of racism that refers to acts of violence and discrimination, as well as racist speech, fuelled by historical abuses and negative stereotyping and leading to exclusion and dehumanisation of Muslims, and all those perceived as such. ENAR's yearly shadow reports on racism in Europe have provided evidence of discrimination and stigmatization of Muslims and in particular as the result of hate crime, racial profiling, counter-terrorism policies, discriminatory laws preventing access in some areas of life like education and employment, and populist discourses by politicians and in the media. This paper looks at the European context of Islamophobia, it gives examples of hate crime incidents and calls on European policy makers to respond.

http://enar-eu.org/IMG/pdf/january_2015_enar_anti-semitism_islamophobia_briefs.pdf

- **Directory of Migrant-led Churches and Chaplaincies:** from the All-Ireland Churches Consultative Committee on Racism 2009 contains contact details for over 300 Churches and Chaplaincies led by migrants all over Ireland. Note that this resource has not been updated since 2009.

www.ireland.anglican.org/archive/hardgospel/cmsfiles/files/migrantledchurches_09.pdf

- **Educate Together: *Belief System Resources*:** an introductory educational resource on religion for primary school children.

www.learning.educatetogether.ie/course/view.php?id=21

Part 2: www.learning.educatetogether.ie/course/view.php?id=87

- **HSE: *Health Services Intercultural Guide*:** This guide profiles the religious and cultural needs of twenty-five diverse religious and ethnic groups.

www.hse.ie/eng/services/publications/socialinclusion/interculturalguide/interculturalguide.pdf

- **BBC: *Islam Class Clips*:** Child friendly resources for teaching about Islam

www.bbc.co.uk/education/topics/zpdt/bk/resources/1

- **Mvslim:** This is an online community that encourages creativity, self-development and entrepreneurship. Mvslim aims to unite people from different backgrounds and cultures and to make the world of Muslims more accessible to others.

www.mvslim.com/

- **The Alwaleed Centre for the Study of Islam in the Contemporary World:** provides a number of resources on Islam for teachers and educators.

www.ed.ac.uk/literatures-languages-cultures/alwaleed/resources/classroom

- **We Belong to Glasgow:** this is a short film created by a group of young people about how they feel they belong to Glasgow and also how they belong to their faith community. This film is part of the Stepping into Diversity project and was created in partnership between Interfaith Glasgow and the West of Scotland Regional Equality Council.

www.youtube.com/watch?v=3bLUsSrbTqwandfeature=youtu.be

- **Interfaith Dialogue and Faith:** What is Interfaith Dialogue? Why is it important? Listen in as members of staff from Interfaith Scotland discuss what their various faiths and beliefs mean to them and why they think that interfaith dialogue and Scottish Interfaith Week are important.

www.youtube.com/watch?v=VEbZNPpIEgYandfeature=youtu.be

- **Give it up for Ramadan:** a video resource where young people participate in an online educational resource on Ramadan.

www.bit.ly/2ubMjB9

- **The Guardian: *Women's Rights and Gender Equality*:** A video link challenging stereotypes for young Muslim women via Thrash Metal:

www.facebook.com/theguardian/videos/692515164269583/

SUPPORTING YOUNG REFUGEES, ASYLUM SEEKERS AND UNDOCUMENTED YOUNG PEOPLE

Resources from the NYCI Equality and Intercultural Programme:

- **Interactive map of youth work activities for young asylum seekers and refugees:**
We have developed an online interactive map linking youth work activities and direct provision centres. It is both for those living in direct provision and for youth workers. We have also developed leaflets for each county with the relevant information.
www.youth.ie/articles/online-interactive-map/
- **Access All Areas Diversity Toolkit: Chapter 2 - Working with Minority Ethnic Young People.**
www.youth.ie/wp-content/uploads/2019/05/Chapter-2-Working-with-minority-ethnic-young-people.pdf

General resources:

- **Amnesty International: *8 educational resources to better understand the refugee crisis*:** a very accessible list of educational resources that explain the rights of refugees.
www.amnesty.org/en/latest/education/2015/10/8-educational-resources-to-better-understand-the-refugee-crisis/
- **Human Rights Watch:** Use their website to get a picture of what experiences the young people may be coming from. Click on the country and get a snapshot.
www.hrw.org/
- **Ombudsman for Children Office: *'All I Have to Say'*:** a reading resource by separated children seeking asylum in their own words.
www.oco.ie/app/uploads/2009/11/AllIHavetoSay.pdf

- **Ombudsman for Children Office: *'Direct Division Report' and video:*** Direct Division report and video highlights the views and experiences of 73 children living in Direct Provision accommodation. The report and video explore the children's lives in Direct Provision accommodation, as well as their experiences of inclusion and exclusion in school, the local community and wider Irish society.

www.oco.ie/directdivision/direct-division-report/

Video: www.oco.ie/directdivision/direct-division-film/
- **RTE Radio One: *The Outsider - Our Teenage Life Behind Bars:*** A view inside the Irish direct provision system through the eyes of two 13 year old girls.

www.rte.ie/radio1/doconone/2014/1212/666539-the-outsiders-our-teenage-life-behind-barriers/
- **Anti-Rumours Resource Pack, Doras Luimni (2017):** The 'Anti-Rumours' campaign aims to dispel the widespread myths around the topic of immigration. This training resource pack is aimed at educators and community and youth workers in promoting integration and raising awareness about migrant-related issues, with a focus on challenging the most common myths about migration.

www.doras.org/wp-content/uploads/2014/06/Training-Resource-Pack.pdf

More info: <https://doras.org/anti-rumours-campaign/>
- **Migrants Rights Centre Ireland: *Young, Paperless and Powerful:*** This video looks at MRCI's campaign highlighting young people who are undocumented.

www.vimeo.com/219651616
- **Migrants Rights Centre Ireland: *Making Ireland Home:*** This video explores belonging, identity and experiences of racism with a group of young migrants.

www.vimeo.com/31951767
- **Migrants Rights Centre Ireland: *Minding the Gap:*** This is an animated short created by the young members of MRCI's Migrant Education Access (MEA) campaign in order to tell their stories and highlight the barriers they face trying to access 3rd level. Scroll down the page a little to view.

www.vimeo.com/61718292

See also: www.mrci.ie/2013/07/31/not-bad-for-a-bunch-of-immigrant-kids/

- **Ruhama: *The New Recruit***: This video explores the topics of human rights, migration, and sex trafficking.

www.bit.ly/18sd9Vn

- **Muireann Ní Raghallaigh: *The Social Care Needs of Unaccompanied Minors – The Irish Experience***: This article looks at the international accountability of human rights mechanisms in Ireland to protect unaccompanied minors.

www.cora.ucc.ie/handle/10468/6715

- **First News: *Alone in the Jungle***: A first-hand account from a young refugee in the Calais Jungle.

www.live.firstnews.co.uk/investigates/the-calais-jungle/

- **Send my Friend to School: *Education in Emergencies Factsheet***: How emergencies impact on children's education and what causes people to flee by Send my Friend to School (a campaign led by children and young people).

www.sendmyfriend.org/wp-content/uploads/2016/03/Education-in-emergencies-factsheet.pdf

- **BBC: *Syrian refugee: 'She's Not Afraid Anymore'***: Teenager Nujeen Mustafa became a refugee, when fleeing Syria, a temporary or permanent label?

www.bbc.com/news/world-europe-37380718

- **Stepping Stones: *Supporting Refugee Students Transition to and Progress in Post-Primary School***: a resource supporting the transition of young migrants to post primary school.

www.ncge.ie/node/3074

- **Free Legal Aid Centres (FLAC) *'One Size Doesn't Fit All'***: A Legal analysis of the direct provision system.

www.flac.ie/download/pdf/one_size_doesnt_fit_all_full_report_final.pdf

- **The Glucksman: 'Once Upon a Place':** This project has worked with children living in direct provision centres in Cork City, Wallaroo Playschool and Gaelscoil Mhainistir Na Corann, Middleton to create artworks that consider the idea of place both imaginative and real.

www.glucksman.org/OnceUponAPlace.html

Some relevant organisations:

- **Irish Refugee Council:** youth programme for young people seeking asylum. Contact Aoife Dare: aoife.dare@irishrefugeecouncil.ie
- **Young Paperless and Powerful (YPP):** is a campaign group for young people who are undocumented in Ireland. YPP use creative methodologies to advocate for change and a pathway to papers from undocumented migrants in Ireland. YPP is facilitated by the Migrant Rights Centre Ireland, contact Mairéad: mairead@mrci.ie
- **SARI (Sports Against Racism):** They work to involve young asylum seekers and refugees in sports opportunities. They have a football and other tournaments during the year in the Phoenix Park. Email to sign up for their email alerts. Contact info@sari.ie

WORKING WITH LGBTI+ YOUNG PEOPLE

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 3 - Working with LGBTI+ Young People.**
www.youth.ie/wp-content/uploads/2019/05/Chapter-3-Working-with-LGBTI-Young-People.pdf

General resources:

- **BeLonG To: Creating LGBTI+ Inclusive Schools and Youth Services:** This 3 hour free online training on creating an environment that is safe and welcoming for the LGBTI+ young people that you work with. This training includes videos, exercises and quizzes to equip you at becoming better at listening to, understanding, responding to and supporting LGBTI+ young people.
www.belongto.org/online-training-for-youth-services-and-schools/
- **BeLonG To: Stand Up Week Resources:** Stand Up Awareness Week is a time for schools to take a stand against bullying that LGBTI+ students experience. This page provides resources from previous years which could be used or adapted for the youth work setting.
www.belongto.org/professionals/standup/stand-up-resources/
- **Focus Ireland: A Qualitative Study of LGBTIQ+ Youth Homelessness in Ireland:** A research report on the experiences of LGBTIQ+ young people experiencing homelessness in Ireland https://belongto.org/wp-content/uploads/2020/09/LGBTIQI-Youth-Homelessness-Report_FINAL-VERSION.pdf
- **Lesson Plan: International Day Against Homophobia and Transphobia:** Each student has a right to learn in a safe space. Bullying, whatever the motivation, is a violation of that right. Educators play a central role in preventing bullying in schools. They act every day to create safer spaces and have often developed innovative approaches to tackling sexuality-related bullying in general, and homophobia/ transphobia in

particular, in their classes. This pack contains 2 exercises for primary school children, and 2 exercises for post-primary school children.

www.ilga-europe.org/sites/default/files/lesson_plan_unesco_and_idaho.pdf

- **Addressing Inclusion: Effectively challenging homophobia, biphobia and transphobia in schools. LGBT Youth Scotland (2017):** This resource provides information and guidance to school staff on addressing homophobic, biphobic and transphobic bullying in Scottish schools and has been written to complement Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People. Respect for All is for everyone involved in children's and young people's lives and highlights the responsibility of all to work to prevent and address bullying in Scotland.

<https://education.gov.scot/improvement/documents/inc65addressinginclusion.pdf>

- **Gender Diversity: A Qlife Guide for Health Professionals: QLife:** This is a useful, brief poster-sized guide to understanding gender diversity and the information is not confined to a health context. Where many people assume that gender is binary; that all people are women or men, this guide explains that gender can more accurately be thought of as a colour palette, with many possible shades of identity and subtle expressions of gender far beyond only woman or man.

<https://qlife.org.au/wp-content/uploads/2013/11/6-Gender-Diversity-for-web.pdf>

- **Shh! Silence Helps Homophobia - LGBT Youth Scotland:** This video shows how silence can collude to perpetuate homophobia and has relevance for other areas of oppression. It takes the viewer on a journey, 'a day in the life' of a school boy and how people respond around him to direct instances of homophobia including direct verbal abuse, using homophobic slurs and homophobic tweets.

www.youtube.com/watch?v=XQKGigb5I28

- **We Are Here: Intersex Youth: IGLYO:** Five young intersex individuals speak about their own experiences to increase visibility of intersex youth and reduce isolation by reaching out to others on Intersex Awareness Day 2016.

www.youtube.com/watch?v=16gQDXsnjM

- **Get to Know a Gender Affirming Plastic Surgeon: I Weigh Chats:** Jameela Jamil of I Weigh talks to Dr Rachel Bluebond-Langner, MD, on the many steps of gender affirming surgery. This talks explicitly about the process involved and is not meant for young ears but would be important learning for youth workers.

www.youtube.com/watch?feature=youtu.be&v=notmiKO8dUk&app=desktop
- **Ending Gender - Scott Turner Schofield (TED Talks):** Scott Turner Scholfield, a diversity speaker, discusses Trans* identity and gender in this TED Talk. In discussing non-binary gender identities, he explicates the theory of how, in ending gender, we would facilitate freedom of gender expression- thus invalidating the oppressive and constraining social construct which is gender.

www.youtube.com/watch?v=TWubtUnSfA0
- **Trans Youth Speak Out: IGLYO:** Young #trans people face specific problems that are sometimes overlooked by the #LGBTQI community. During the first meeting of the Trans #Youth Network, participants were invited to share their concerns, priorities, and vision. Filmed during the Trans Youth Network Meeting 2018.

www.youtube.com/watch?v=V-fN98pZw0s
- **Living My Life: Information for People Who Currently Identify as Trans or Who Are Beginning to Explore Their Gender Identity:** A simple booklet to give understanding of some terms around trans identity.

www.ilga-europe.org/sites/default/files/livingmylife.pdf
- **TENI: Transphobia in Ireland Report:** including definitions, a human rights context, and good practice guidelines. This report gives a very good overview of transphobia is socialised and institutionalised in the island of Ireland.

www.ilga-europe.org/sites/default/files/trans_country_report_-_233_transphobia_in_ireland_report.pdf
- **IGLYO: Teachers Guide to Inclusive Education:** this resource contains exercises in the second part which could be useful when working with young people. It also discusses various situations that could arise and ways they could be tackled.

www.iglyo.com/wp-content/uploads/2015/09/Teachers-Guide.pdf

Addressing Homophobia: Guidelines for the Youth Sector in Ireland: this resource explores good practice guidelines to support LGBT young people in Ireland.

[www.ilga-](http://www.ilga-europe.org/sites/default/files/233_homophobic_bullying_guidelines_for_the_youth_work_sector.pdf)

[europe.org/sites/default/files/233_homophobic_bullying_guidelines_for_the_youth_work_sector.pdf](http://www.ilga-europe.org/sites/default/files/233_homophobic_bullying_guidelines_for_the_youth_work_sector.pdf)

- **Guidelines for Second-Level Schools on Embedding Equality in School Development Planning:** This is a very accessible, clear resource that outlines every aspect of embedding equality holistically in a school setting, but the knowledge in this resource can be used in other settings

[www.ilga-](http://www.ilga-europe.org/sites/default/files/embedding_equality_in_school_development_planning.pdf)

[europe.org/sites/default/files/embedding_equality_in_school_development_planning.pdf](http://www.ilga-europe.org/sites/default/files/embedding_equality_in_school_development_planning.pdf)

- **'I read, watch movies, listen to music... My life, as a trans woman, is very ordinary indeed':** a personal account of being a transgender woman in Ireland

www.thejournal.ie/readme/trans-gender-law-ireland-aoife-martin-5120610-Jun2020/

- **What are the symptoms of gender dysphoria? Transgender man explains:** this video gives a simple overview of what gender dysphoria is and some related terms.

<https://youtu.be/rgrSSlqUukA>

- **Stonewall at 50: The riot that changed America's gay rights movement forever:** if you would like to know the history behind Stonewall this article gives a nice overview.

www.theguardian.com/lifeandstyle/2019/jun/19/stonewall-50th-anniversary-night-that-unleashed-gay-liberation

- **Teaching Tolerance: Teaching Stonewall:** this is a helpful resource for teaching the movement for LGBTI+ rights, starting at Stonewall. Despite being US-based, this is something that could be linked to an Irish and European context.

www.tolerance.org/magazine/summer-2019/teaching-stonewall

- **Making History – GAZE celebrates marriage equality vote in Ireland:** this powerful video is a reminder of how important action is, and it reminds us of a piece of LGBTI+ history here in Ireland.

https://youtu.be/9X_Xl6kCUUI

- **Here’s a short history of the battle for LGBT rights in Ireland:** this article gives a broader overview of the key moments in LGBTI+ history in Ireland.

www.thejournal.ie/history-lgbt-rights-ireland-4078424-Jun2018/

- **Irish kids are sent to England over gender identity issues (Irish Examiner):** if you would like to get an idea of the Irish picture for young people who are transitioning, questioning their gender or have transitioned, this article has some recent figures.

www.irishexaminer.com/news/arid-40033028.html

- **The 34th: The Story of Marriage Equality in Ireland:** is an Irish documentary film by Linda Cullen and Vanessa Gildea on the 34th amendment which amended the Constitution of Ireland to permit marriage to be contracted by two persons without distinction as to their sex. It is available on Netflix.

<https://youtu.be/INuioCMXZAQ>

- **Documentary on the LGBT History of Galway:** A documentary was made about the emergence of a visible LGBT community and Pride celebration in Galway. The documentary is an important record of the work done by members of the LGBT community in Galway from the 1980's up to the end of the millennium, with a particular focus on what it was like to set up a Pride Festival (Bród) in Galway, and what it means to have such a festival. It is an empowering account of activism.

<http://archive.belongto.org/group.aspx?blogid=711>

- **Handsome Devil:** this Irish comedy-drama film centres around two boys in a private secondary school in Ireland. It plays on the themes of homophobia, snobbery and ‘fitting in’ in school. It is a great film to watch with a youth group.

<https://youtu.be/QxvAawZFIlQ>

WORKING WITH YOUNG TRAVELLERS

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 4 - Working with Young Travellers**
www.youth.ie/wp-content/uploads/2010/08/Chapter-4-Working-with-Young-Travellers-all-ireland-.pdf

Key organisations:

- **Involve:** Involve is the main provider of youth work Services for young Travellers throughout the country, delivering support, training and strategy to the youth projects linked to the association which enhances their development. They also publish the Travellers' Voice magazine.
www.involve.ie/
- **Exchange House Ireland:** this is the national Travellers service in Ireland that provides frontline and support services to Travellers. They offer education and training services, services for young people, family support and crisis intervention services, addiction services, and the National Traveller Mental Health Service. They also have other services, and more on this can be found on their website.
www.exchangehouse.ie/
- **Pavee Point:** Pavee Point works with Travellers, Roma, and other members to promote Traveller rights and act on relevant issues. They have a very useful library of resources on their website.
www.paveepoint.ie/
- **Irish Traveller Movement:** ITM are a membership-based organisation, which acts on behalf of and for the interests of Travellers and Traveller organisations nationally and internationally. There is a considerable amount of information to be found on their website, as well as some resources.
<https://itmtrav.ie/>

General resources:

- **STATUS Toolkit (Youth Work Ireland):** this resource pack enables youth workers to facilitate greater engagement with young travellers and, also outlines research to assist youth workers and volunteers understand the needs of one of the most marginalised groups of young people in Ireland. The toolkit provides a step by step guide facilitating and creating organisational best practice in the engagement, participation and retention of Traveller youth in Mainstream youth services.
[www.youthworkireland.ie/images/uploads/general/Status Toolkit - Final.pdf](http://www.youthworkireland.ie/images/uploads/general/Status_Toolkit_-_Final.pdf)
- **Progressing Traveller Inclusion in Youth Work (Foróige):** This training manual and toolkit has been designed to promote quality youth work provision to the Traveller community. This resource uses the framework of NYCI's Access All Areas to outline policy and practice for creating an inclusive youth space for Travellers in Ireland.
www.tvgcork.ie/sites/default/files/downloadableResources/TravellerInclusionGraphic.pdf

WORKING WITH YOUNG PEOPLE WITH A PHYSICAL DISABILITY, WHO HAVE SIGHT LOSS, OR HEARING DIFFICULTIES

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 5 - Working with Young People with a Physical Disability, who have Sight Loss, or Hearing Difficulties.**

www.youth.ie/wp-content/uploads/2018/11/Chapter-5-Working-with-young-people-with-a-physical-disability-who-have-sight-loss-or-hearing-difficulties.pdf

General resources:

- **National Disability Inclusion Strategy 2017-2021 (Department of Justice and Equality):**

www.justice.ie/en/JELR/dept-justice-ndi-inclusion-strategy-booklet.pdf/Files/dept-justice-ndi-inclusion-strategy-booklet.pdf

See also, for more information on legislation protecting the rights of those with disabilities in Ireland: <http://nda.ie/Disability-overview/Legislation/>

- **No Barriers, No Borders (SALTO Youth):** A practical booklet for setting up international mixed-ability youth projects (including persons with and without a disability) and is a powerful resource that covers a vast amount of disability topics and aspects.

www.salto-youth.net/rc/inclusion/inclusionpublications/nobarriers/

- **Disability Awareness Film: Basingstoke and District Disability Forum:** This series of four videos offer a first-person insight into living with a disability. The videos look at learning disabilities, mental health awareness, physical disability and sensory disability awareness. These resources are part of the Films to Schools programme used by Basingstoke and District Disability Forum to promote inclusion and

opportunities for anyone with a disability, by providing information and bringing people together.

<https://bddf.jimdo.com/resources/videos/>

- **Just Ask (sensory disability awareness):** this video touches on the challenges of being deaf or blind, as well as 'just asking' if they need your help.

<https://youtu.be/LU0dQXJ-YQM>

- **How to Treat a Person with Disabilities, According to People with Disabilities:** A great, fun perspective from a few disability activists on how to act around them, however note that everyone has different opinions and likes to be treated differently and this does not speak for all people with disabilities. Please be aware this video contains swear words and sexual references.

www.youtube.com/watch?v=W6c6JLbczC8

- **Preparing a Disability Project (SALTO Youth):** on this page, you will find some suggestions on how to start working both with persons with a disability – physical, intellectual or otherwise - and without a disability and on how to bring them together. It also links to further reading.

www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusiondisability/PreparationDisability/

With a particular focus on wheelchair/reduced mobility use: www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusiondisability/InclusionWheelchair/

- **My experience of living with a visual impairment (Spunout.ie):** a powerful article written by a young person who has grown up with a visual impairment.

<https://spunout.ie/opinion/article/my-experience-of-living-with-a-visual-impairment>

- **Working with blind people or partially sighted (SALTO Youth):** this article from SALTO Youth outlines some advice on how to make your youth programme and activities more accessible for young people with a visual impairment.

www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusiondisability/InclusionBlind/

- **The reality of deafness (Spunout.ie):** this article from Spunout.ie outlines some of the realities of being a young person with hearing difficulties in Ireland. It could give an interesting perspective for youth workers who may be working with young people with hearing difficulties, or who may in the future.

<https://spunout.ie/health/article/the-reality-of-deafness>

- **Working with people who are hard of hearing (SALTO Youth):** this article outlines some advice on how to adapt your youth programme for those with hearing difficulties.

www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusiondisability/InclusionDeaf/

WORKING WITH YOUNG PEOPLE WITH A LEARNING DISABILITY

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 6 - Working with Young People with a Learning Disability.**

www.youth.ie/wp-content/uploads/2018/11/Chapter-6-working-with-young-people-with-a-learning-disability-all-Ireland_0.pdf

Key organisations:

- **Blossom Ireland:** Blossom Ireland's vision is to create an inclusive society for young people with intellectual disabilities and believe young people with intellectual disabilities should have the same opportunities as all other young people. They have programmes for young people with intellectual disabilities and are based in Dublin 17.

<https://blossomireland.ie/>

- **Enable Ireland:** Enable Ireland provides services to children and adults with disabilities and their families from over 40 locations in 15 counties in Ireland. Their website has a number of resources.

www.enableireland.ie/

- **The National Federation of Voluntary Service Providers Supporting People with Intellectual Disability (FEDVOL):** the national umbrella organisation of voluntary agencies who provide direct services to people with intellectual disability and autism in Ireland have some helpful information on their website (however please note this is not a youth organisation).

<http://fedvol.ie/>

- **Inclusion Ireland:** Inclusion Ireland is the national association for people with an intellectual disability in Ireland, and advocates for people with intellectual disabilities in Ireland.

www.inclusionireland.ie/

General resources:

- **Disability Inclusion Toolkit: Enabling Inclusive Youth Work (MENCAP):** this resource looks at disability inclusion in youth work, it looks at inclusion as an ongoing process and the toolkit goes through various issues and actions youth services can explore to becoming more inclusive of those with disabilities.
www.mencap.org.uk/sites/default/files/2016-06/TOOLKIT-NI.compressed.pdf
- **What is a learning disability? (MENCAP):** Learning disability is often confused with learning difficulties such as dyslexia or ADHD. Mencap describes dyslexia as a “learning difficulty” because, unlike learning disability, it does not affect intellect. This page further expands on this.
www.mencap.org.uk/learning-disability-explained/what-learning-disability
- **Makaton:** Makaton is a unique language programme that uses symbols, signs and speech to enable people to communicate. It supports the development of essential communication skills such as attention and listening, comprehension, memory, recall and organisation of language and expression. Their website has further resources once you make a free account.
www.makaton.org/
- **Working with people with a Mental Disability (SALTO Youth):** this page provides advice for working with those with intellectual disabilities and connects with other reading.
www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusiondisability/InclusionMental/
See also: www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusiondisability/PreparationDisability/
- **BrowseAloud:** this is an interesting tool that makes websites, including your organisations, more accessible to those with visual impairments, with learning difficulties, those whose first language is not English and other groups.
www.texthelp.com/en-gb/products/browsealoud/
- **Grace App:** Grace App stores a basic picture vocabulary of Foods, Things I like, Places, Colors, Sizes and Shapes on a phone with a function for creating a sentence that can be read together. It is a portable means of supporting the communication

development of the user, wherever they go and is proving invaluable in improving vocalisations through consistency of use over time. Grace and the other children have also learned to share what they see and photograph independently, as a result of using the App.

www.graceapp.com/what-is-grace-app/

- **Am I making myself clear? Mencap's guidelines for accessible writing:** people with a learning disability face extra challenges in getting the information they need. This resource looks at how we can adjust how we present information to make it easier for everyone to understand. Please note this resource refers to legislation which does not apply here in Ireland.

www.accessibleinfo.co.uk/pdfs/Making-Myself-Clear.pdf

- **How to make information accessible: a guide to producing easy read documents (2016):** this document is similar to the one above. It lays out how to produce information accessible to those with learning difficulties. Again, it is an English resource so any reference to legislation does not apply here.

www.changepeople.org/getmedia/923a6399-c13f-418c-bb29-051413f7e3a3/How-to-make-info-accessible-guide-2016-Final

- **Your guide to: Communicating with people with a learning disability:** This guide is designed to provide a brief introduction to communication, and the problems faced by someone with a learning disability. It also contains tips on how you can be a better communicator, and how you can help someone with a learning disability to get their message across.

www.mencap.org.uk/sites/default/files/2016-

[12/Communicating%20with%20people_updated%20%281%29.pdf](http://www.mencap.org.uk/sites/default/files/2016-12/Communicating%20with%20people_updated%20%281%29.pdf)

- **Easy Doc Creator:** this is a tool for making picture stories with a large library of images to choose from. It is very accessible to use and could even be helpful if working with young people whose first language is not English.

www.changepeople.org/gallery/easy-doc-creator.aspx

- **Keeping Safe Online: a guide for people with learning disabilities:** this resource explains how to keep safe online and on social media. It is very clear and explains terms around online bullying etc. very well.

www.changepeople.org/Change/media/Change-Media-Library/Free%20Resources/Keeping-Safe-Online-CHANGE-Easy-Read-Guide.pdf

WORKING WITH YOUNG PEOPLE WITH MENTAL HEALTH ISSUES

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 7 - Working with Young People with Mental Health Issues.**

www.youth.ie/wp-content/uploads/2018/11/Chapter-7-working-with-young-people-with-a-mental-health-issue-all-Ireland_1.pdf

Key organisations:

- **Jigsaw:** Jigsaw is Ireland's national mental health organisation for young people aged 12-25. They provide support for young people, and resources and advice for those working with young people.

<https://jigsaw.ie/>

General resources:

- **Mind your selfie project and resources (St Patricks Mental Health Service):** from this webpage there is a number of very good linked resources for both primary and secondary school which could be easily adapted as tools for youth services. There are presentations on mental health, a wellness calendar, activities, journals, videos and other inventive resources for tackling the topic of mental health with young people, or talking to a young person when you think they may be struggling with a mental health issue currently.

www.walkinmyshoes.ie/campaigns/mindyourselfie/mindyourselfie-resources

- **A Mental Health Resource for Youth Workers and Volunteers (Headstrong):** This resource is intended to offer a "user friendly" entry point into what can sometimes be a complex mental health service and how to help young people struggling with their mental health. It can be difficult as a youth worker to know your place in this

process and this resource aims to support you to work through this, linking to helpful information where possible.

www.foroige.ie/sites/default/files/Youth%20Mental%20Health%20Resource.pdf

- **Mind Your Head (Youth Work Ireland Cork):** this resource is designed specifically for youth workers, leaders and peer educators. It is a seven session resource, but each session can be done individually or followed from one to seven as a programme covering various mental health concerns. There is some advice in terms of safeguarding concerns and the resource is designed to be used without needing any extra funding to do so.

<http://myh.ie/facilitator/>

- **My World Survey (UCD/Jigsaw):** this website outlines the research from Ireland's largest study of young people's mental health and wellbeing. Some of the information, displayed in colourful graphics, may be helpful if you are trying to understand the picture of youth mental health in Ireland, or explain the importance of mental health promotion to someone.
- **How to promote mental wellbeing in youth work practice (Right Here):** This guide is aimed at youth organisations working with young people aged 16–25. Its objective is to help to embed mental wellbeing improvement practices within the organisations. It provides examples of Right Here's work and lessons from this.

www.mentalhealth.org.uk/sites/default/files/right-here-guide-one.pdf

Also here: www.mentalhealth.org.uk/projects/right-here

- **Heads Up! (Right Here):** This toolkit was designed under the belief youth work and mental health go hand in hand. Through their project, Right Here found mental health promotion and intervention was well received by young people when it is framed through activities. These session plans and activities offered in this comprehensive toolkit can help you to build the emotional well-being of the young people you work with.

[www.phf.org.uk/wp-](http://www.phf.org.uk/wp-content/uploads/2018/03/Heads20Up20Final20Approved20version.pdf)

[content/uploads/2018/03/Heads20Up20Final20Approved20version.pdf](http://www.phf.org.uk/wp-content/uploads/2018/03/Heads20Up20Final20Approved20version.pdf)

- **Promoting the participation of young people with mental health issues:** In this report the most important issues, recommendations, key messages and good practices regarding youth work and mental health from nine different countries have

been assimilated. Mental health is a key issue for our young people and our society in the years to come and this report believes youth work is well placed to respond.

www.youthlinkscotland.org/media/2545/peer-learning-final-report.pdf

- **Mental Health School Flag Project (Kilkenny Comhairle na nÓg):** this is an interesting read for those interested in understanding the support structures that are important in terms of safeguarding young people's mental health. This project aimed to promote mental health education in schools and empowering young people to advocate for mental health rights.
www.stpatricks.ie/media/1201/spmhs_kk_mhsf_report2016.pdf
- **ProMenPol:** this website, supported by the European Network for Mental Health Promotion, links to a number of mental health promotion resources for working with young people. It also includes a toolkit and a manual for implementing a mental health policy.
www.mentalhealthpromotion.net/?i=promenpol.en
- **Young Pavees: Their Mental Health Needs A Research Report (Pavee Point):** There is a significantly higher burden of mental illness within the Traveller community which is a reflection of the broader social determinants of health. This report highlights the impact of racism and discrimination on young Travellers mental health and self-esteem. It indicates that there continues to be stigma in relation to mental health among the Traveller community.
www.paveepoint.ie/wp-content/uploads/2016/01/Young-Pavees-Their-Mental-Health-Needs.pdf

WORKING WITH YOUNG PEOPLE INVOLVED IN THE JUVENILE JUSTICE SYSTEM

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 8 - Working with Young People Involved in the Juvenile Justice System.**

www.youth.ie/wp-content/uploads/2020/09/Chapter-8-working-with-young-people-involved-in-the-Juvenile-Justice-System-all-Ireland.pdf

General resources:

- **No Offence (SALTO Youth):** SALTO have found many projects done over the past years with this target-group have turned out to be successful, showing them to be more than possible. This resource aims to highlight this and the positive influence of such projects. It contains information about the possibilities and opportunities that international projects offers for your work with this group of young people.

www.salto-youth.net/downloads/4-17-1414/NoOffence.pdf

- **Youth Justice (Children's Rights Alliance):** this chapter discusses the mechanisms in place for when young people come into conflict with the law in Ireland. It may be helpful knowledge to some working with young people involved in the juvenile justice system.

www.childrensrights.ie/sites/default/files/submissions_reports/files/Child_Law_Audit_chapter7.pdf

WORKING WITH YOUNG PARENTS

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 9 - Working with Young Parents.**
www.youth.ie/wp-content/uploads/2018/11/Chapter-9-working-with-young-parents-all-Ireland_1.pdf

General resources:

- **Supports for young parents in Ireland (Spunout.ie):** this page gives some information on the supports available to young parents and some frequently asked questions. It links to other articles from Spunout.ie on the topic also.
<https://spunout.ie/life/article/supports-for-young-parents-in-ireland-rih>
- **Expectant and Parenting Youth Inclusivity Toolkit (MOASH):** although this is a US based resource, it provides some simple but important information on how to make environments welcoming and supportive of young parents.
www.moash.org/uploads/1/1/5/8/115876627/epy_inclusivity_toolkit.pdf
- **Teen Parents Support Programme:** is a support service for young mothers, young fathers and their families from pregnancy until the baby is 2 years of age. They offer support, information and advocacy in all areas of a young parent's life. There are 11 TPSPs in Ireland. They have **a TSPS Toolkit for working with pregnant and parenting teenagers** which you can contact them to download.
<https://tpsp.ie/>

WORKING WITH EARLY SCHOOL LEAVERS

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 10A - Working with Early School Leavers.**
www.youth.ie/wp-content/uploads/2018/11/Chapter-10A-Working-with-early-school-leavers-Republic-of-Ireland_0.pdf

General resources:

- **Early School Leavers Programmes (Citizens Information):** this page provides information and links to services young people can avail of if they have left school early, such as **youthreach**.
www.citizensinformation.ie/en/education/primary_and_post_primary_education/educational_supports/early_school_leavers_programmes.html
- **On the spot! How to stop youth dropout! (SALTO Youth):** This resource is the product of a project that focused on the prevention of early school leaving and the empowerment of young people at risk of doing so. It provides methods and tools to work with young people, as well as an understanding of what brings someone to leave school early.
www.salto-youth.net/downloads/toolbox_tool_download-file-2097/how-to-stop-youth-dropout-A4-v4-small.pdf
- **Guidelines on Identifying Young People at Risk of Early School Leaving (School Completion Programme):** this document may be of interest to some youth workers as it is from an Irish context. It provides information on why a young person may be considering leaving school early and tools to identify this.
www.tusla.ie/uploads/content/Guidelines_on_identifying_young_people_at_risk_of_ESL.pdf

WORKING WITH YOUNG WOMEN AND YOUNG MEN TO CHALLENGE GENDER STEREOTYPES

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 11 - Working with Young Women and Young Men to Challenge Gender Stereotypes.**

www.youth.ie/wp-content/uploads/2020/09/Chapter-11-working-with-young-women-and-young-men-to-challenge-gender-stereotypes-all-Ireland.pdf

General resources:

- **Prejudice and Stereotype Lesson (UK Equality and Human Rights Commission, 2016):** This resource created for 12-18 yr olds includes an interactive power point (Lesson 5) which aims to reveal participants own prejudicial and stereotypical views in order to introduce the concepts. It focuses specifically on gender and how this intersects with other aspects of identity. Participants explore stereotypes of different genders and of teenagers to 4 appreciate how it feels to be labeled. This enables them to empathise with other groups that can be stereotyped and to challenge the negative labels.

www.equalityhumanrights.com/en/secondary-education-resources/lesson-plan-ideas/lesson-5-prejudice-and-stereotypes

- **Gender specific toys: do you stereotype children?** The toys children play with have an impact not only on how they see themselves and on what skills they learn, but also on how their brains physically develop. Some psychologists argue that this helps to explain why certain professions are so male-dominated. An increasing number of parents and carers now say they try to avoid gender-stereotyped play. As this experiment shows, though, it's not always easy to overcome your own prejudices.

www.bbc.com/news/av/magazine-40936719/gender-specific-toys-do-you-stereotype-children

- **Run Like a Girl:** *Run Like a Girl* is an ad campaign for a product that challenges the role of the stereotype #LikeaGirl and aims to critique the unquestioning use of stereotypes and how they impact on wider perceptions of gender roles.

www.youtube.com/watch?v=XjJQBjWYDTs 7

- **The Gender Book Project:** *The Gender Book* is a publication that aims to educate all age groups about gender, sexuality, etc. in an accessible and friendly format. This illustrated book (available as a free e-book, a condensed pamphlet or a hardback book) makes addressing gender, sexuality, sex, etc.- in all of its many manifestations- a core aspect of practice through its universally applicable style. This is an invaluable resource for practitioners and groups who are at the early stages of critically engaging with gender and sexuality.

www.thegenderbook.com/

WORKING WITH YOUNG CARERS

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 12 - Working with Young Carers**
[www.youth.ie/wp-content/uploads/2018/11/Chapter 12 Working with young carers 0.pdf](http://www.youth.ie/wp-content/uploads/2018/11/Chapter_12_Working_with_young_carers_0.pdf)

General resources:

- **Young Carers (Family Carers Ireland):** this article outlines who young carers are and what supports are available to them from Family Carers Ireland.
www.familycarers.ie/carer-supports/young-carers/
- **What's life like for a young carer (Spunout.ie):** this simple article from Spunout.ie explains what it is like to be a young carer, supports they can do for themselves and where they can find support elsewhere.
<https://spunout.ie/life/article/being-a-young-carer>
- **Engaging with Young Carers (Empowering Professionals to Support Young Carers):** this resource outlines what it is like to be a young carer in an Irish context, and includes information on how to be a support and advocate for young carers.
www.carealliance.ie/userfiles/file/Engaging%20with%20Young%20Carers%20A%20Virtuous%20Circle.pdf
- **Leaflet on young carers in Ireland:** www.ep-yc.org/wp-content/uploads/2017/10/CA-EPYC-Flyer-FA-1.pdf
Also a poster: www.ep-yc.org/wp-content/uploads/2017/10/IO2-a3.pdf
More information can be found on: www.ep-yc.org/
- **Making it work: Good practice with young carers and their families:** This practice guide is aimed at all agencies that have contact with young carers. It brings together a huge amount of information on working with young carers and provides a useful starting point for those new to this area of work and serve as a development resource for the more experienced.
www.childrenssociety.org.uk/sites/default/files/making_it_work.pdf

- **A study of young carers in the Irish population (NUI Galway):** this study examined the impact of caring on young caregivers' lives and the ways they could be assisted. It could be interesting to read for youth workers to understand further these young people's lives.

www.nuigalway.ie/media/unescochildandfamilyresearchcentre/documentspdf/Study-of-Young-Carers-Briefing-Note.pdf

WORKING ACROSS THE GENERATIONS

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 13 - Working Across the Generations**
www.youth.ie/wp-content/uploads/2018/11/Chapter_13_Working_across_the_generations_0.pdf

General resources:

- **The Beth Johnson Foundation:** This is a national charity dedicated to making the UK and Northern Ireland age-friendly. Working with a network of volunteers, researchers, intergenerational practitioners, and age-specialist partner organisations. They have a number of resources which may be useful to intergenerational work.
www.bjf.org.uk
- **The 29th April is European Day for Solidarity Between Generations:** This day has been designated by the European Union each year and offers a platform to raise awareness and celebrate best practice in the community, organisational and policy level. A number of intergenerational activities take place around this time and initiatives such as LGNI and Generations Together advocate the celebration of this day throughout the relevant sectors.
www.age-platform.eu/articles/29-april-eu-day-solidarity-between-generations
- **European Map for Intergenerational Learning (EMIL):** This is a collaborative learning network that aims to provide a general overview of the role and status of intergenerational learning in Europe. They collect, exchange, and distribute ideas and resources about intergenerational learning and support regional, European and global networking strategies. They also bring together a range of partnerships promoting and supporting intergenerational learning in all its varied forms across Europe and have a number of resources on their website.
www.emil-network.eu/

WORKING WITH YOUNG PEOPLE IN RURAL AND GEOGRAPHICALLY ISOLATED AREAS

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 14 - Working with Young People in Rural and Geographically Isolated Areas**

www.youth.ie/wp-content/uploads/2019/03/Chapter-14-Working-with-young-people-in-rural-and-geographically-isolated-areas-1.pdf

General resources:

- **Village International (SALTO Youth):** This resource aims to disseminate a number of ideas, practice and methods for working with rural youth on an international project. It provides information on the role of a rural youth worker, the challenges, the benefits and other factors to setting up such a project.

www.salto-youth.net/downloads/toolbox_tool_download-file-559/VillageInternational.pdf

- **Projects for Youth from Rural & Geographically Isolated Areas (SALTO Youth):** this page gives a number of links to articles and resources for youth workers working with young people in rural and geographically isolated areas.

www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusionrural/

See also: www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusionrural/inclusion-ruralresources/

WORKING WITH YOUNG PEOPLE WHO ARE AFFECTED BY HOMELESSNESS

Key resource from the NYCI Equality and Intercultural Programme:

- **Access All Areas Diversity Toolkit: Chapter 14 - Working with Young People Who are Affected by Homelessness**

www.youth.ie/wp-content/uploads/2019/07/Chapter-15-Working-with-young-people-affected-by-homelessness.pdf

General resources:

- **Services for young people: Focus Ireland:** this page links to services from Focus Ireland, available to young people at risk of youth homelessness.

www.focusireland.ie/services-young-people/

- **Young People and Homelessness (Shelter):** although this resource is based on the UK context, it provides information on how young people find themselves homeless and its impacts on their lives which is applicable to all young people affected by homelessness.

https://england.shelter.org.uk/_data/assets/pdf_file/0009/48627/Factsheet_Young_People_and_Homelessness_Nov_2005.pdf

- **Homelessness (Spunout.ie):** this short article explains the forms of homelessness and the supports available to young people who are homeless or at risk of becoming homeless.

<https://spunout.ie/life/article/homelessness>

- **Young People: Ireland's Forgotten Homeless (Focus Ireland):** this article looks at why young people are particularly at risk of homelessness and the measures that could be taken to prevent this from happening.

www.focusireland.ie/young-people-irelands-forgotten-homeless/

- **Engaging Youth Experiencing Homelessness:** although this resource is designed for healthcare workers, the information on why young people become homeless and how to engage young people who are homeless are both valuable to the youth worker.

<https://nhchc.org/wp-content/uploads/2019/08/engaging-youth-experiencing-homelessness.pdf>

INTERSECTIONAL YOUTH WORK

- **Toolkit for intersectional movement building (Young Friends of the Earth Europe):** this resource brings together intersectionality and climate justice with a series of practical tips, information and activities. Although it is in a climate justice context, there is plenty on intersectionality clearly laid out in this resource.
www.youngfoe.ie/assets/files/pdf/toolkit_for_intersectional_movement_building.pdf
- **Underpinning Principles: Intersectionality (SALTO Youth):** a short overview of intersectionality, it's roots and an exercise to consider from SALTO Youth.
www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusionethnicminorities/InclusionIntersectionality/
- **Martin Beanz Ward on Intersectionality:** Comedian Martin Beanz Ward speaks about why an understanding of intersectionality is important as a tool to challenge oppression and discrimination. As an LGBT man who is also a Traveller (an indigenous group of people from Ireland with a distinct language, culture and customs), he argues that there is great potential for the LGBT community to act as a unifying force across the multiple identity issues that exist within the community. He identifies the potential in acknowledging LGBT intersectional identities to fight oppression.
www.facebook.com/LjubljanaPride/videos/1664268776941565/UzpfSTY4MDE5NjA1NjoxMDE1NjU1NzQ4NDg1NjA1Nw/
- **IGLYO: Norm Criticism Toolkit:** this is a good activity resource that combines knowledge sharing with activities side-by-side, by learning and then practicing this resource.
www.iglyo.com/wp-content/uploads/2016/03/Norm-Toolkit-WEB.pdf
- **LGBT Asylum: Three Stories:** This video is in a US context; however it gives a good understanding of LGBTQI+ asylum seeking. Not in the context of sympathy or

viewing the countries these came from as 'different', but to understand individual experience.

<https://youtu.be/p500h-1ihCc>

- **Universal Declaration of Human Rights: Poster**

www.ihrec.ie/documents/universal-declaration-of-human-rights-poster/

- **IGLYO: Intersectionality Toolkit:** This is a practical guide for both individual activists and organisations to learn more about Intersectionality and its principles, and to provide a selection of activities to explore practice around inclusiveness.

www.iglyo.com/wp-content/uploads/2015/09/Inter-Toolkit.pdf

- **Youth workers as agents for change (SALTO Youth):** This article by Riikka Jalonen and Farkhanda Chaudhry encourages us to recall the radical traditions of youth work so that we can support young people to understand the unequal power structures in society and in understanding what they can do if they want to challenge the socio-political status quo.

<https://educationaltoolsportal.eu/en/tools-for-learning/youth-workers-agents-change>