



[www.skillssummary.ie](http://www.skillssummary.ie)

# Skills Summary

The easy way to track and develop your life skills

## Core Competencies



Identify your key strength by answering 12 short questions in each of our 12 categories

## Skills Summary



Receive awards and review your progress on your personalised Profile Page

## Endorsements



Request endorsements from your peers or mentors to support your CV preparation

## WHAT IS SKILLS SUMMARY?

- ✓ **Easy to use** online tool for young people between 16 and 25
- ✓ **Measures the skills** young people gain through youth work and volunteering
- ✓ **Builds confidence** by honing core competencies
- ✓ **Helps young people** communicate the value of these skills to future employers
- ✓ **Supports CV** and job interview preparation
- ✓ **Recognised** measurement tool under the Youth Employability Initiative



## How Skills Summary can be used

Simply login on [www.skillssummary.ie](http://www.skillssummary.ie) and explore, test and develop up to 12 core skills by

- watching short, accessible videos and examples
- taking simple multiple choice questions and identifying key strengths
- recording your own examples
- keeping an overview of levels and progress
- getting endorsement from youth workers



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An Roinn Leanaí  
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