



National Youth Council of Ireland
Comhairle Náisiúnta na nÓg

TRAINING & DEVELOPMENT BROCHURE 2011



For more information or to apply
for a place on a course visit
www.youth.ie/training or e-mail
training@nyci.ie



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***Available on demand or tailored**

INTRODUCTION

Welcome to the National Youth Council of Ireland's Training Brochure for 2010.

Who are we?

The National Youth Council of Ireland (NYCI) is the umbrella organisation for the youth work sector in Ireland.

What do we do?

We work in partnership with a number of Government Departments and Agencies; Academic Institutions and Accreditation Bodies; along with other organisations to develop and deliver training and learning opportunities. Our practice delivery includes programmes in the areas of Arts, Child Protection, Development Education, Equality and Interculturalism & Health.

Why we do it?

We are committed to the development of high quality youth work and work in collaboration with youth work practitioners, managers and specialist partners to support the delivery of effective and inclusive youth work practice and support the capacity development of organisations to improve their practice.

Who is it for and with?

This brochure is aimed at youth organisations, youth workers, both staff and volunteers, and anyone working directly with young people or engaged in providing services to young people, who want to improve their skills and knowledge. Some of the initiatives also engage with a wider sector and bring together practitioners from other sectors to share knowledge and practice skills.

How do we do it?

The brochure includes all the opportunities available to organisations and youth workers ranging from half, one and two day courses on specific subjects to longer modular accredited learning opportunities. For 2011, all programmes have also included additional information relating to their overall programme services aimed at supporting organisations in developing their services, the up-skilling of youth workers and the creation of best practice sharing through events and seminars.

Where do we do it?

In essence, all of NYCI's training provision is available on a national basis. We monitor and evaluate our training delivery on an ongoing basis, and respond accordingly to feedback. We are committed to supporting youth work across Ireland and on that basis all of our courses are available either on demand or a tailored basis for organisations to negotiate accordingly.

How to Use the Brochure

This brochure contains the training and professional development opportunities available from NYCI throughout 2011 grouped under the themes of Arts, Child Protection, Development Education, Equality and Interculturalism & Health.

The additional information relating to services that each programme area provides are a new addition to the brochure with an aim to support youth organisations, up-skill youth workers and enable the sharing of best practice in the youth work sector.

Further details are available at www.youth.ie/training which will be updated throughout the year as courses become available or change.

The Application Process

All of NYCI's courses have a standard booking form unless specifically stated in the course information.

To book a place on any course you need to:

- **Obtain an application form by downloading it at www.youth.ie/training, by contacting NYCI's Training Administrator on 01-478 4122 or e-mail training@nyci.ie.**
- **Submit the completed application form via e-mail to training@nyci.ie, post to Training Administrator, NYCI, 3 Montague Street, Dublin 2 or fax to 01-478 3974.**

In all cases, forms must be submitted to the NYCI Training Administrator. Where a fee applies, an invoice will be issued and must be paid prior to confirmation of a participants place. When payment is received, written confirmation of the booking will be issued along with any other relevant information.

Payment Policy

Courses can be paid online by credit card at www.youth.ie/training through PayPal or by cheque. Participants should note that a place will only be confirmed where the appropriate fee has been received by NYCI.

Course numbers are limited, so we advise that payment be made at the time of booking to ensure that the place is confirmed.

On Demand or Tailored Training

NYCI also provides on demand delivery of a number of training courses along with providing specifically tailored courses on request. These catered trainings can be delivered to individual organisations or a collection of organisations at a desired location and date. Elements of a number of related courses can be combined if desired. Any courses that are available by request are marked “*available on demand or tailored”.

Organisations should be aware that these opportunities are offered on the basis of capacity and resources. As such, they may be subject to an additional cost depending on any additional preparation work involved.

Anyone interested in exploring this option should contact the NYCI Training Administrator who will co-ordinate with the appropriate staff member to see if it is possible. Once a training course has been negotiated and agreed, a contract will be issued which will formally confirm the details and terms of the agreement.

Cancellation Policy

Cancellation by NYCI

Course fees and arrangements are generally based on the minimum number of participants in order to be able to run a course. NYCI will reserve the right to cancel any course should participant numbers not be sufficient, either to make the delivery cost effective or to provide a positive learning environment and experience for participants. In this event all registered participants will be informed at least five working days prior to the commencement date and all paid fees will be refunded.

In relation to where bookings are made and the fee (if required) has not been paid, NYCI, following contact with the individual/ organisation, will reserve the right to cancel any provisional place allocated without further recourse.

Cancellation by Participants

Where a booking has been received and confirmed following payment, the following criteria will apply to ensure that any costs borne by NYCI are covered.

- Cancellation more than 28 days before course date:
Full Refund
- Cancellation between 14-28 days before course date:
50% Refund
- Cancellation less than 14 days before course date:
No Refund

Cancellation of On Demand or Tailored Training

In the case of a specifically arranged training on either of these terms, there will be no set fee to be paid. However, organisations should note that in line with the Contract for Service Delivery between the organisation and NYCI, any costs incurred by NYCI or its sub-contracted trainers will be payable. These costs will include any liabilities to NYCI on venue, accommodation, food and refreshments, production of materials; as well as any contractual costs such as trainer's fees etc.

National Quality Standards Framework for Youth Work

Throughout the brochure there is reference to National Quality Standards Framework for Youth Work which was launched in July 2010. The aim of the National Quality Standards Framework (NQSF) is to provide the establishment of a single, standardised framework that would act as an overarching structure to ensure and enhance quality service provision in youth work. A resource is available to act as a support and development tool for youth work organisations and projects which places young people at its core.

It is available to download at www.youth.ie/nqsf or is available from the NYCI on request.



STARTING OUT

A National Induction Training programme for Volunteers engaged in Youth Work Practice

Aim

To provide youth organisations with a standardised framework and accompanying materials to support the induction process for new volunteers engaged in youth work practice.

Who is it for?

This resource will be of use to staff/volunteers in youth organisations with responsibility for training and supporting new volunteers. Additionally, this resource offers an opportunity for youth organisations to collaborate and share resources in the delivery of training to volunteers.

Learning Content

Components of the training programme have been mapped against a set of key questions contained in the Quality Standards Framework as follows:

Content is divided into core competencies for volunteers including:

- Knowledge – I need to know.
- Skills – I need to be able to.
- Attributes/Attitudes – I am.

Organisations have the flexibility to tailor the content to meet their needs, as the main focus is on learning outcomes for volunteers rather than on a prescribed number of hours or standardised training content.

Under each component, core content has been identified and this is further divided into core competencies. The main focus is on learning outcomes for volunteers rather than on a prescribed number of hours or standardised training content.

The framework is not intended to replace existing training provision in organisation but to complement existing programmes and materials. The resource is supported by a database of materials devised in relation to each component within the framework, which organisations may choose to use directly or adapt according to their own needs.

Further information

The framework document and support materials are available to download at **www.youth.ie/startingout**.

ARTS



Capacity support of organisations

NYCI's Arts Programme aims specifically to realise the potential of young people through good quality arts practice in the youth service and to develop appropriate policies and activities at local, regional and national level.

The Arts Programme offers assistance to the youth arts sector through:

- Supporting all of those working in a youth arts capacity, be they youth workers, artists working with young people, those beginning their engagement in the sector or established youth arts practitioners.
- Providing information, guidance and support to organisations aiming to engage in meaningful youth arts practice.
- Advocacy and strategic promotion of youth arts nationally and internationally.
- Training opportunities for those working in the youth work and youth arts sectors to enable them to offer high quality youth arts activities to young people.
- An Artist in Youth Work Residency Scheme, which offers funding for organisations to enable young people to engage and work with professional artists throughout Ireland.

Professional development of workers

Delivered by both in-house and specialist trainers, NYCI offers flexible, adaptable training options including art form development, facilitation skills and youth arts development training.

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Through its training provision, the Youth Arts programme aims to:

- Provide flexible, dynamic training that offers various levels of support from one day seminar opportunities through to a part-time, year-long university accredited Certificate in Youth Arts.
- Offer more accessible, flexible and innovative training opportunities.
- Work with partner organisations to offer the highest quality training opportunities for those working in the youth arts sector.
- Provide opportunities for shared learning and interactive engagement for youth workers, youth arts practitioners and artists.
- Offer consultation, advice and support to organisations with youth arts training requirements.
- Offer tailored and on-demand training courses that are designed to respond to the identified and specific needs of those working in the youth arts sector.

Providing opportunities to network and share learning and best practice

NYCI's Arts Programme works to encourage and support networks on several levels. We do this within and between the youth and arts sectors at local, regional and national level.

We offer opportunities to network and share learning & best practice through:

- Our youth arts website, www.youtharts.ie, that offers information about the arts programme at NYCI, youth arts both nationally and internationally, publications and research activity.
- The production of our monthly 'Youth Arts News' e-bulletin, an online newsletter providing current information, news, opportunities and events taking place within the youth arts sector.
- The delivery of regional training, meetings and advocacy and promotional events.
- Developing linkages with appropriate agencies and organisations throughout Ireland and Europe.

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For more information on any of our training opportunities please contact Fiona Smith, Youth Arts Project Officer at fiona@nyci.ie or call **01 478 4122**.

On-Demand and Short-Term Training*

NYCI's on-demand and short-term tailored training offers youth organisations the opportunity to avail of youth arts training specific to their organisational needs and context. In the past, short-term and on-demand training has been delivered in conjunction with organisations such as The Gallery of Photography, The National Association of Youth Drama and international providers including Arts Plan UK.

The Arts programme continues to work with these organisations to offer high quality short-term and on-demand training opportunities to those working in the youth work and youth arts sector.

*available on demand or tailored

Dates & Locations: Only available on demand

Course fee: Please enquire with NYCI

Duration: Tailored (in general 1 day)

Learning content

- In-depth understanding across a variety of art forms from a youth centred perspective.
- Recognise and develop the creative and imaginative skills required for best youth arts practice.
- Explore the role of youth arts as a youth work methodology.
- Improve understanding of the ideas and principles underpinning youth arts practice.
- Designing, managing and delivery high quality youth arts projects.
- Working with young people in creative ways.
- Documenting and evaluating your youth arts activities.

Designed for

Youth workers, youth arts co-ordinators and freelance practitioners already engaging in youth arts practice who would like to develop and extend their current practice and/or anyone working with young people, in the non-formal education sector, who wishes to explore ways of introducing, enhancing and extending youth arts provision for the young people with whom they work.

Numbers: 10-20 participants per group

Youth Arts Summer School

A three day residential summer school tailored to offer those in the youth work and youth arts sector an opportunity to cultivate existing methods and to develop new skills for arts work with young people. Offering art form area development, practical approaches & ideas for project planning and delivery, and networking opportunities across the youth arts sector, the summer school aims to provide an intensive yet invaluable chance to bring fresh ideas to your youth arts practice.

Dates: Summer 2011

Locations: TBC

Course fee: TBC

Duration: Three days

Learning content

- In-depth experience in one or more art forms from a youth centred perspective.
- Improve understanding of the ideas and principles underpinning youth arts practice.
- Explore the role of youth arts as a youth work methodology.
- Recognise models of good practice in youth arts.
- Recognise and develop the creative and imaginative skills required for best youth arts practice.
- Develop a range of practical group work skills.
- Exchange experience and knowledge within a network of youth arts practitioners nationally.
- The elements of facilitation: the work environment, you the facilitator, your group, the tasks and work, the problems you might encounter.
- In addition, a number of evening 'clinics' and workshops will be held to explore practical problems experienced on the ground – such as funding, relationship management, evaluation etc.

Designed for

Anyone working with young people, in the non-formal education sector, who wishes to explore ways of introducing, enhancing and extending youth arts provision for the young people with whom they work.

Numbers: 15 participants per workshop

NYCI's Certificate in Youth Arts

NYCI's Certificate in Youth Arts course is the only one of its kind in Ireland. Certified by NUI Maynooth, it provides participants with a contextual and practice-based understanding of arts practice with young people. It provides opportunities to experience various art forms, learn from practitioners in the field and consider the values and methodologies underpinning arts practice with young people. It is the first opportunity many participants already working in the youth arts field will have to certify their own experiential learning.

Dates & Locations

Sep / Oct 2011 - June 2012, Dublin

Course fee: €1,250 (for 2010 / 2011)

Duration: 1 academic year (part-time)

Learning content

- Develop knowledge of the context and background to youth arts.
- Improve understanding of the ideas and principles underpinning youth arts practice.
- Explore the role of youth arts as a youth work methodology.
- Recognise models of good practice in youth arts.
- Develop the skills and knowledge to plan, implement and evaluate a youth arts project.
- Recognise and develop the creative and imaginative skills required for best youth arts practice.
- Develop a range of practical group work skills.
- Exchange experience and knowledge within a network of youth arts practitioners nationally.



Designed for

Anyone working with young people, partially or entirely through the arts, in the non-formal education sector. Participants should have two years full-time or four years part-time experience. They should have participated in or overseen at least two youth arts projects in a coordination or management capacity in that time. (A project is defined for these purposes as being at least a three session activity with an arts focus). Application is competitive and we cannot guarantee that those who meet the minimum requirements will gain admission.

Numbers: 20 participants

Youth Arts Module for External Youth Work / Arts Education Programmes*

From our extensive experience in delivering the Certificate in Youth Arts, as part of the tailored training programme, NYCI has developed a module which provides an overview of youth arts practice in Ireland, designed to be delivered within wider youth work or arts training/education. This module can be adapted based on the needs and context of the group in question.

*only available on demand

Course fee: Please enquire with NYCI

Duration: Tailored
(in general 2-3 hours)

Learning content

- Understanding of current agreed policy/perspective on youth arts in Ireland and the shifts which have fed into this.
- Working knowledge of the opportunities for self expression afforded to young people through the arts.
- Working knowledge of the defining characteristics of youth arts from a youth work perspective.
- Working knowledge of the importance of the partnership between arts and youth work expertise in the delivery of high quality youth arts.
- Key examples of model Irish projects/case studies.
- Introductory examples of supports/resources (organisations, artists etc).

Designed for

The clients/participants of those involved in providing general youth work training programmes and those involved in arts education and training.

Numbers: 10-20 participants per group

For more
information
or to apply
for a place on
a course visit
www.youth.ie/training
or e-mail
training@nyci.ie

CHILD PROTECTION

Capacity support of organisations

The Child Protection Programme (CPP) offers support and general assistance to the youth work sector through:

- Guidance in the development of an organisation's child protection policy and/or code of behaviour.
- Advice support and training to an organisation on best practice in developing safe recruitment procedures and systems, including Garda vetting.
- Advice to youth leaders, managers and organisations in developing safe practice while working with young people.
- The provision of Garda vetting through membership of the Youth Work Garda Vetting Consortium.
- Information, advice and support to organisations who are implementing vetting procedures for their own staff and volunteers.

Professional development of workers

Developing training material, resources and providing training for youth leaders and managers is an important role of the Child Protection Programme. Courses are designed and tailored to respond to the identified needs of volunteers, youth workers and managers, all of whom have responsibility for safeguarding children



within their organisations. Our aim is to support individuals and organisations in developing and ensuring best practice in the area of child protection and welfare.

Providing opportunities to network and share learning and best practice

The CPP offers opportunities to network and share learning and best practice through:

- Consultation with the youth work sector on child protection issues and the development of key advocacy positions that may impact on the effective running of youth organisations.
- Hosting a number of information seminars throughout the year on topics related to child protection and welfare.
- Sending out a monthly information e-bulletin on child protection and welfare related topics and updating the www.childprotection.ie website as a useful resource.
- Hosting annual support meetings for child protection trainers and designated persons.

The above supports from the CPP will assist youth organisations to fulfill their requirements to the child protection standard which is named in the National Quality Standards Framework.

For more information on child protection or training opportunities please contact Olive Ring, National Child Protection Manager olive@nyci.ie or call 01 478 4122.

Child Protection Awareness Programme*

A 2x2 hour awareness programme for youth leaders delivered as an individual training module or as part of overall youth work training. This programme is also available in Irish, Polish and French and through sign language.

*available on demand or tailored

Dates

14th February, 7th May & Oct 18th

Course fee: Free of charge

Duration: 2x2 hours

Learning content

The Awareness Programme will provide:

- An understanding of the relevance of child protection to youth work.
- An awareness of the broader context for this work.
- An exploration of a range of attitudes in relation to this issue.
- An awareness of the definitions of child abuse.
- An awareness of how workers might become aware of/have concerns about abuse.
- An understanding of the characteristics which might render an individual suitable/unsuitable for working with children/young people.
- Possible responses for dealing with disclosures, concerns or suspicions in relation to child abuse.
- An understanding of reporting procedures.
- An understanding of the use of a code of behavior including the key elements.

Designed for

Youth leaders in an organisation.

Numbers: Approx 12-20 participants

Designated Person Training*

This three day course is a designed for those with the responsibilities of a Designated Person/Child Protection Officers within their youth organisation. This training equips participants who have overall child protection responsibilities in their organisations.

*available on demand or tailored

Dates

11th - 13th April; 14th - 16th Nov

Course fee: Free of charge

Duration: Three Days

Learning content

- Legislation and guidelines relating to child protection.
- To become familiar with reporting procedures where there is concern, disclosure or allegation.
- Familiarise DP's on issues concerning confidentiality, data protection and report writing.
- Working with young people, staff and parents.
- Reporting to HSE and An Garda Síochána.

Designed for

Designated Persons/Child Protection Officers in a youth work organisation.

Numbers: Approx 12-20 participants

Designated Person Training for Volunteer Club Leaders*

This three hour course is a designed for those who have attended child protection awareness training and have reporting responsibilities in their club. This training is primarily for volunteer club leaders.

*available on demand or tailored

Dates

27th April & 26th November

Course fee: Free of charge

Duration: Three hours

Learning content

- To become familiar with reporting procedures where there is concern, disclosure or allegation.
- An overview of confidentiality, data protection and report writing.
- An overview of reporting procedures to the HSE and An Garda Síochána.

Designed for

Volunteer club leaders in the youth work sector.

Numbers: Approx 12-20 participants

Designing & Developing a Child Protection Policy & Code of Behaviour*

A one day training programme for senior staff/volunteers and decision makers in organisations.

*available on demand or tailored

Dates

21st March & 9th December

Course fee: Free of charge

Duration: Three hours

Learning content

- To assist voluntary groups and organisations working with children/ young people in drawing up, developing and or reviewing Child Protection structures and procedures.
- To ensure that the structures and procedures developed are in line with National Guidelines: – Children First, National Guidelines for the Protection and Welfare of Children, Department of Health and Children 1999; – Our Duty to Care, principles of good practice for the protection of children and young people, Department of Health and Children, 2002.
- To assist organisations in developing appropriate internal structures to ensure that all policies and/or procedures are updated or developed and communicated effectively throughout the organisation.

Designed for

Senior personnel and management responsible for child protection procedures in an organisation.

Numbers: Approx 12-20 participants

Tailored Child Protection Training for Youth Groups / Organisations and their Management Teams*

Individually designed and specifically tailored child protection training, designed and delivered following a needs analysis or by request.

*available on demand or tailored

Dates

Only available on demand

Course fee: Free of charge

Learning content

- To ensure that child protection structures and procedures are developed that are appropriate and fitting to an organisation considering its culture, environment, resources and capacity.
- To identify key individual requirements in an organisation and provide specific guided direction in these areas.
- To ensure that an organisation benefits from an individually tailored approach to structure and procedure development.

Designed for

Organisations needing a specific approach to child protection training.

Numbers: To be agreed

Training in Child Protection for Boards of Management*

This course is designed for those with Board of Management responsibilities in a youth work organisation.

*available on demand or tailored

Dates

Only available on demand

Course fee: Free of charge

Duration: Three hours

Learning content

- To become familiar with role of the Board of Management in dealing with child protection issues.
- To understand the responsibilities of Boards in dealing with child protection issues.
- Information on how to safeguard young people in a youth organisation.

Designed for

Members of Boards of Management in a youth work organisation.

Numbers: Approx 12-20 participants

Training for Trainers in the Child Protection Awareness Programme

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This course is an induction and familiarisation training for existing trainers on the use and delivery of the four hour Child Protection Awareness Programme.

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Dates

26th & 27th of January; 29th & 30th September

Course fee: Free of charge

Duration: Two days

Learning content

- To familiarise trainers on the use and delivery of our Child Protection Awareness Programme.
- To prepare and support trainers in delivering the programme thereafter, within their own organisations.

Designed for

Child Protection trainers.

Numbers: Approx 12-20 participants

For more
information
or to apply
for a place on
a course visit
www.youth.ie/training
or e-mail
training@nyci.ie

DEVELOPMENT EDUCATION

What is Development Education in youth work?

Development education in youth work aims to support young people in increasing their awareness and understanding of the interdependent and unequal world in which we live, through a process of interactive learning, debate, action and reflection. It challenges perceptions of the world and encourages young people to act for a more just and equal society at a national and international level.

Capacity support of organisations

The Development Education Programme offers support to the youth work sector through:

- Assistance in the development of organisational policy for development education.
 - Advice and support to organisations in designing quality development education programmes.
 - Organisation of key events, including One World Week and March 21st (International Day Against Racism).
-



Professional development of workers

Training provision and resource production are two key areas of our work. Through a series of half and full day trainings as well as a FETAC level 5 course on Development Education we aim to provide youth workers with sufficient knowledge and skills to confidently and effectively deliver quality development education programmes. Our online resources are available free of charge to be used as tools for designing programmes.

Providing opportunities to network and share learning and best practice

We offer opportunities to network and share learning and best practice through:

- The production of our Monthly “DE News”. An online newsletter providing up to date information and signposting for events taking place both nationally and internationally.
- A website sharing information about current and upcoming development education opportunities and offering publications for download.
- The delivery of regional trainings, meetings and seminars
- The provision of networking and training opportunities at a European and international level.

To discuss any development education training matter or for more information contact alan@nyci.ie or call 01 478 4122.

Effective Development Education Programmes & the National Quality Standards Framework (NQSF)*

This training will introduce participants to a step-by-step guide to delivering effective and high quality development education programmes. Based on the 'Going Global' resource, it highlights the value of development education to young people in Ireland and globally and shows why youth work settings are ideal for doing development education. It will introduce the core principles of the NQSF and make links between it and a development education approach to youth work.

*available on demand or tailored

Course fee: €35

Duration: One day

Learning content

- To demonstrate how an effective development education programme addresses the core principles of the NQSF.
- To examine what development education in youth work is.
- To understand how development education fits into good youth work practice.
- To learn methods that explore local & global connections in people's lives.
- To link your current practice with the possibilities for doing development education.

Designed for

This course will suit volunteers and staff currently delivering youth work activities and wish to broaden existing programmes.

Numbers: Approx 10-25 participants

Games from Around the World*

This training session is an action packed workshop giving participants an opportunity to increase their repertoire of fun games from around the world for exploring a range of issues relevant to young people. It will bring fresh ideas and creative approaches to your work with young people.

*available on demand or tailored

Dates

Please contact NYCI

Course fee: Free of charge

Duration: Half day

Learning content

- How to use fun and engaging games to introduce global justice issues.
- Highlighting the similarities between young people's games from various different countries.
- Adapting existing games to suit your groups needs.

Designed for

Volunteers and staff of youth organisations working with young people in out of school settings.

Numbers: Approx 10-25 participants

Global Injustice – Where in the World?*

This training will introduce participants to a number of global justice issues around the world. It will provide you with an understanding of the challenges faced by communities around the world and make links between these issues and social justice issues that exist in Ireland.

*available on demand or tailored

Course fee: €35

Duration: One day

Learning content

- To introduce some of the injustices affecting people globally.
- To explore similarities & differences between local & global context.
- To explore the relationship between interdependency and injustice.
- To provide knowledge and skills to explore these issues with your groups.

Designed for

This training is designed for volunteers and staff with an interest in exploring local & global justice issues in a youth work setting.

Numbers: Approx 10-15 participants

Global Justice in Youth Work – FETAC Level 5*

This training session is an action packed workshop giving participants an opportunity to increase their repertoire of fun games from around the world for exploring a range of issues relevant to young people. It will bring fresh ideas and creative approaches to your work with young people.

***This course will take place twice in 2011, one in Spring and the other in Autumn**

Course fee: €300

Duration: Six days in total

Learning content

- Understanding globalisation and global issues.
- Exploring perspectives and values in youth work.
- Examining interdependency and action.
- Developing facilitation skills relevant to development education.

Designed for

Those with at least one years experience as a youth worker/leader. Participants must have an interest in global justice issues and be at least 18 years of age. Participation in both residential phases of a course is a pre-requisite.

Numbers: Approx 10-15 participants

Graphic Harvesting

(Hosted by NYCI's National Youth Arts Programme & National Youth Development Education Programme)

This seminar is a basic introduction to the art of visually recording and harvesting meaning from meetings, conversations or conferences. It can be a powerful tool with which to document important meetings and inform decisions. Participants will learn about the principles of graphic recording and have a chance to develop their own approach to using this tool. No drawing skills are necessary.

The overarching theme of the day will be global justice and participants will build their skills around this content.

Course fee: €50 including lunch and a Graphic facilitators starter pack.

Duration: One day

Learning content

- An introduction to the concept of graphic recording.
- Development of personal visual vocabulary.
- An understanding of the benefits of graphic recording in global justice work.

Designed for

This training is designed for those working with young people in youth work settings.

Numbers: Maximum of 15 participants

International Youth Work & Development Education

(Hosted by NYCI's International Programme & National Youth Development Education Programme)

This training will introduce participants to the links between international youth work and development education. It will provide information on funding opportunities with a view to implementing an international programme of activities in your organisation.

Course fee: Free of charge

Duration: Half day

Learning content

- To introduce existing international funding opportunities.
- Explore funding lines relevant to development education.
- Understand the application procedure with helpful hints & tips.
- Examine the added benefits of an international dimension to youth work.
- Case studies of good international youth work.

Designed for

This course is designed for volunteers and staff who are interested in learning more about introducing or building an international dimension to your youth work.

Numbers: Approx 10-25 participants

Measuring the Impact of Development Education

This training will examine the need to measure the impact of our development education work. It will explore evaluation methods and identify how we can ensure quality in programme delivery with a view to being able to measure changes in attitudes and opinions among the young people we work with.

Course fee: Free of charge

Duration: Half day

Learning content

- To identify the purpose of measuring impact.
- To introduce methods for measuring impact.
- To examine the links between programme design, delivery and impact.

Designed for

This training is designed for volunteers and staff who wish to or already deliver development education programmes.

Numbers: Approx 10-25 participants

For more
information
or to apply
for a place on
a course visit
www.youth.ie/training
or e-mail
training@nyci.ie

EQUALITY & INTER - CULTURALISM

Capacity support of organisations

The Equality & Interculturalism Programme supports organisations to:

- Look at the effectiveness of their intercultural, inclusion and diversity practice.
- Address intercultural and equality challenges they are facing.
- Write an intercultural / diversity policy or strategy
- Develop and roll out an implementation plan.

This will support you in achieving the quality standards connected to Core Principle 4 of the NQSF (showing your commitment to ensuring and promoting equality and inclusiveness in all your dealings with young people and adults). The NYCI Intercultural and Equality Officer will meet you, look at your diversity work practice, suggest strategies for becoming more inclusive, and follow up with ongoing support. In addition advice, support and information are available by phone or e-mail.



Networking & sharing of good practice

The Equality & Interculturalism Programme assists organisations by:

- Creating networking opportunities.
- Linking organisations and people on request.
- Keeping our www.intercultural.ie website updated with resources, activity ideas, information, publications and advice.
- Collecting good practice by meeting with youth organisations and sharing the learning through the e-publication 'Promoting Quality in Intercultural Youth Work.'

Professional development of youth workers

The programme offers a series of training opportunities for youth workers. They can be treated as a suite of trainings, each building on the previous one or they can be taken as stand-alone sessions. They are run in a relaxed and interactive workshop style.

To discuss any equality or interculturalism matter or for further information contact Anne Walsh at anne@nyci.ie or call 01 478 4122

Designing an Intercultural Programme*

This course will guide participants through an intercultural project development process. It will invite participants to devise a programme of activities suitable for working in multi-ethnic youth work settings. It will outline the practical factors to be considered in culturally diverse youth work settings.

*available on demand or tailored

Dates & Locations

Only available on demand

Course fee: €50

Duration: One day

Learning content

- Assist participants to develop programmes that engage and develop young people from diverse cultures, including those with basic levels of English.
- Explore the various stages of project development and delivery.
- Look at what makes a project intercultural.
- Identify projects that work well with multi-ethnic groups.
- Develop participants' skills to involve young minority ethnic people in youth work programmes.
- Assist participants to take leadership roles in developing an intercultural project in their organisation.

Designed for

Volunteers and staff of youth organisations working with young people in out of school settings.

Numbers: Approx 8-20 participants

Developing an Intercultural/Diversity Policy & Implementation Plan*

This course is designed to ease participants through a policy development process. At the end of the first day participants will have developed an intercultural policy template for their organisation which will include understanding the purpose and need for developing an intercultural /diversity policy. The second day will guide participants through the development of an implementation plan.

*available on demand or tailored

Dates & Locations

March, Dublin & November, Portlaoise

Course fee: €100

Duration: Two days

Learning content

- Understand the purpose of policy development.
- Embed your organisation's ethos and values into a policy framework.
- Understand how national equality legislation impacts on your policy.
- Explore how racism and other discriminations can be tackled in a policy context.
- Access current organisational practice and identify challenges in planning for change within a youth setting.

Designed for

Volunteers and staff of youth organisations working with young people in out of school settings. It is designed especially for anyone involved in planning, evaluation and programme development.

Numbers: Approx 8-20 participants

Embedding Diversity in Youth Work*

Is your youth group as diverse as it could be? This training will introduce participants to NYCI's recently developed diversity toolkit 'Access All Areas'. This resource can be used to carry out a diversity assessment on youth projects. It will demonstrate how to develop an action plan based on identified gaps in service and present practical routes to achieve new diversity goals. This course can provide understanding on meeting the requirements of the NQSF.

*available on demand or tailored

Dates & Locations

February, Waterford & September, Athlone

Course fee: €50

Duration: One day

Learning content

The training will build understanding on:

- Why diversity work is important.
- What difference it can make to young people.
- What youth workers can do to ensure diversity is the norm in their services.
- Meeting the needs and issues of diverse youth in your community.

In planning for change it will:

- Guide participants through self assessment of their organisation.
- Examine practical ways to achieve new diversity goals.
- Give practical tips for engaging with a wide variety of young people.
- Lead participants through the development of an action plan to bridge the gaps identified.

Designed for

Volunteers and staff of youth organisation working with young people in out-of-school settings. It is designed specifically for anyone involved in planning, evaluation and programme development.

Numbers: Approx 8-20 participants

Exploring Interculturalism & Diversity in Youth Work*

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This two hour session is designed to support youth work teams who are keen to bring more interculturalism and diversity into their youth work.

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*available on demand or tailored

Dates & Locations

Only available on demand

Course fee: Contact NYCI

Duration: Two hours

Learning content

- Explore effective ways to engage with minority ethnic young people and their families.
- Identify and overcome challenges in multi-ethnic settings.
- Become familiar with a range of resources.

Designed for

Volunteers and staff of youth organisations working with young people in out of school settings.

Numbers: Approx 8-15 participants

How to Design & Deliver a Session on Intercultural Awareness*

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This course explores theory and methodologies required to bring an intercultural focus into youth work settings. Day one follows the structure of the ‘Intercultural Awareness & Cultural Competency’ training, while the second day will develop practical skills to engage with young people and volunteers in a multi-ethnic setting. Participants will plan and practice delivering a session on intercultural awareness.

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*available on demand or tailored

Date & Locations

April, Galway & October, Dublin

Course fee: €100

Duration: Two days

Learning content

- Understand and reflect on individual cultures.
- Look at culture and its role in communication, relationships and youth work.
- Recognise the different stages of cultural competency.
- Identify differing cultural ways of working and communicating.
- Develop the skills to work more effectively with young people and volunteers in a multi-ethnic setting.
- Challenge myths about diverse cultures and people.
- Look at what makes a project intercultural.
- Identify projects that work well with multi-ethnic groups.
- Plan for and present a mini-session on intercultural awareness for a youth group.

Designed for

Individuals with a professional role (voluntary or staff) in a youth work setting.

Numbers: Approx 8-20 participants

Intercultural Awareness & Cultural Competency*

This course is designed to introduce participants to the theory, methodologies and practice required to develop and maintain culturally diverse youth work settings. It will assist participants to engage with young people, volunteers and staff from diverse cultures.

*available on demand or tailored

Dates & Locations

May, Limerick

Course fee: €50

Duration: One day

Learning content

- Look at culture and how it affects the way we work.
- Recognise the different stages of cultural competency.
- Identify differing cultural ways of working and communicating.
- Develop the skills to work more effectively with young people and volunteers in a multi-ethnic setting.

Designed for

Volunteers and staff of youth organisations working with young people in out of school settings.

Numbers: Approx 8-20 participants

Practical Supports for Doing Intercultural Youth Work*

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This course will introduce the skills and resources needed in planning effective and sustainable intercultural youth programmes.

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*available on demand or tailored

Date & Locations

May, Athlone

Course fee: €50

Duration: One day

Learning content

- Understand the needs and issues of culturally diverse young people and parents in the community.
- Identify ways of working with young people, their parents and volunteers from minority ethnic backgrounds.
- Develop the skills to increase participation of young people from minority ethnic backgrounds in your organisation.
- Examine current youth work practices in your organisation and possible barriers.
- Address the issue of cross-cultural communication when working with young people, parents and volunteers from a minority ethnic background including English language difficulties.
- Promote and take action towards developing a culturally inclusive youth service.
- Examine what makes a project intercultural.
- Explore activities and develop programme ideas that work well in multi-ethnic youth settings.

Designed for

Volunteers and staff of youth organisations working with young people in out of school settings.

Numbers: Approx 8-20 participants

Tackling Racism, Homophobia and Sexism *

This course will help participants to understand racism, stereotyping, discrimination and prejudice. It will help participants identify racism, homophobia and sexism and will present methods for tackling them.

*available on demand or tailored

Dates & Locations

January, Cork

October, Galway

Course fee: €50

Duration: One day

Learning content

- Understand racism and discrimination.
- Identify racist and other discriminatory behaviour.
- Develop the skills to tackle racism and other discriminations in youth work and community settings.
- Develop the skills to assist young people to reflect on their attitudes and prejudices.
- Address myths that are discriminatory.

Designed for

Volunteers and staff of youth organisations working with young people in out of school settings.

Numbers: Approx 8-20 participants

NATIONAL YOUTH HEALTH PROGRAMME

Capacity support of organisations

The aim of the National Youth Health Programme is to provide a broad-based, flexible health promotion/health education support and training services to youth and community organisations and to those working with young people in out-of-school settings.

This work is achieved through the development of programmes and interventions specifically for and with youth and community organisations throughout the country and the training and support of workers and volunteers involved in addressing health issues with young people.

The programme also administers a Health Quality Award process which aims to develop and sustain quality youth health promotion in youth organisations. 'The Health Quality Mark (HQM)' takes a settings-based approach in youth work, aiming to create a health promoting youth organisation. The HQM awards organisations that satisfy agreed quality criteria much of which has been drawn from the World Health Organisation developed for the Health Promoting Schools Initiative and adapted.



Professional development of workers

The training provided by the programme aims to enhance the professional and personal development of the youth worker. Opportunities are provided where participants can develop skills, gain knowledge and critically examine the attitudes which can enhance their own health and well-being and those with whom they work. The training programme covers a broad range of specific health issues and generic health promotion theory. The training courses range from one day events to the longer Specialist Certificate in Youth Health Promotion. All training programmes are supported by resource manuals that have been developed by the programme.

Providing opportunities to network and share learning and best practice

The educational programmes are designed and delivered with the intention of giving participants the opportunity to critically reflect on their work practices and share good practice.

Experiential learning methods are used throughout and ongoing evaluation informs the continuous development of the training programmes.

Specific network meetings for youth health promoters will take place in June 2011. For further details or any other health information please contact Kevin O'Hagan on kevin@nyci.ie or phone 01 478 4122.

A Creative Approach to Drugs & Alcohol Work*

This training will provide participants with a re-engendered approach to working with young people around drugs and alcohol. Participants will receive a copy of “Putting the Pieces Together” resource for trainers developed by the Western Regional Drugs Task Force.

*available on demand or tailored

Dates & Locations

9th & 10th February, Dublin

12th & 13th April, Cork

1st & 2nd June, Donegal

Course fee: €70

Duration: Two days

Learning content

- Review current approaches - what works/what doesn't work.
- Explore current trends and corresponding initiatives.
- To explore a range of responses to drug/alcohol related incidents.
- To discuss issues of good practice in relation to this work.
- To engage with a range of new exercises for use with young people.

Designed for

Anyone working with young people in a youth work, out-of-school or non-formal education setting.

Numbers: Maximum of 20 participants

ASIST (Applied Suicide Intervention Skills Training)

.....

This is an intensive, interactive workshop where participants develop their skills through simulations and role-playing in order to become more ready, willing and able to help people at risk of suicide.

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Dates & Locations

Please enquire with NYCI

Course fee: Free of charge

Duration: Two days

Learning content

- To recognise that caregivers and persons at risk are affected by personal and societal attitudes about suicide.
- To learn how to discuss suicide with a person at risk in a direct manner.
- To be able to identify risk alerts and develop safe plans related to them.
- To demonstrate the skills required to intervene when a person is at risk of suicide.
- To become familiar with the types of resources available to a person at risk of suicide, including themselves.
- To make a commitment to improving community resources.

Designed for

All caregivers which includes professionals, paraprofessionals and lay people. It is suitable for mental health professionals, nurses, physicians, teachers, counsellors, youth workers, police and correctional staff, school support staff, clergy and community volunteers.

Numbers: Maximum of 28 participants

Building Self-Esteem*

.....

This course explores issues of self-esteem and health behaviours in adolescence. It will look at the nature of adolescence and assist in identifying the importance of self-esteem as a foundation for healthier lifestyles among young people.

.....

*available on demand or tailored

Dates & Locations

Please enquire with NYCI

Course fee: Contact NYCI

Duration: One or two days

Learning content

- To develop an understanding of the nature and importance of self-esteem.
- To identify the factors which impact positively and negatively on self-esteem in young people (risk and resilience).
- To explore methodologies for building self-esteem with young people.
- To provide participants with the opportunity to reflect on their own self-esteem and their work with young people.

Designed for

Anyone working with young people in a youth work, out-of-school or non-formal education setting.

Numbers: Maximum of 20 participants

Challenging Encounters*

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This course will introduce participants to the theory and skills required to engage young people at points of difficulty and to assist young people to learn from such events for the future.

.....

***available on demand or tailored**

Dates & Locations

Please enquire with NYCI

Course fee: €70

Duration: Two days

Learning content

- To understand the purpose of anger in human behaviour.
- To identify anger at points of challenge and conflict, and how to manage it.
- To explore the triage of relationships in the work environment and the role group contracts have to play in behavioural management.
- To identify behaviour management techniques.
- To begin to develop the skills to appropriately engage young people at times of difficulty.
- To start to develop skills to assist young people to problem solve and plan for the future after difficult events.

Designed for

Those working with young people in a youth work, out-of-school or nonformal education setting. (It is essential that participants attend for the full duration of this course).

Numbers: Maximum of 20 participants

Defusing Anger when Working with Young People*

This is an introductory course designed to enable participants to develop the knowledge and skills to manage anger and conflict situations when working with young people.

*available on demand or tailored

Dates & Locations

Please enquire with NYCI

Course fee: €35

Duration: One day

Learning content

- To understand the purpose of anger in human behaviour.
- To facilitate workers to identify their own triggers and anger dissipating techniques.
- To recognise the role workers play in defusing anger with young people during difficult situations.
- To begin to develop the skills to manage anger and conflict when working with young people.

Designed for

Anyone working with young people in a youth work, out-of-school or non-formal education setting.

Numbers: Maximum of 20 participants

Good Practice in Sexual Health Promotion*

This course is a follow on from the Delay/B4U Decide training or other sexual health courses. It aims to strengthen the organisational environment for the delivery of sexual health programmes and will consider the development of policy and good practice. Participants will receive a copy of the 'Sense and Sexuality' resource and the 'TRUST' (Talking Relationships Understanding Sexuality Teaching) pack.

*available on demand or tailored

Dates & Locations

1st February, Galway
22nd March, Dublin

13th October, Cork
20th September, Letterkenny

Course fee: Free of charge

Duration: One day

Learning content

- To examine the context for addressing the sexual health needs of young people.
- To discuss the role of organisations in relation to this work.
- To examine the support needs of workers and organisations in the area of sexual health.
- To identify rationale and process for policy development.
- To explore good practice with regard to sexual health education programmes.

Designed for

Youth workers who are interested in developing their practice and policy in relation to sexual health work with young people.

Numbers: Maximum of 20 participants

Healthy Eating Active Living (HEAL)*

This one day training aims to equip youth workers with the skills necessary to create a healthy eating active living environment in their organisation by providing information on health education, healthy eating, active living and policy guidelines

*available on demand or tailored

Dates & Locations

Only available on demand

Course fee: Contact Health Programme at NYC1

Duration: One day

Learning content

- Understand the concepts of good practice health promotion / health education.
- The role of youth work in addressing young people's health.
- Healthy eating and physical activity policy.
- Promoting physical activity in youth organisations.
- What can youth organisations do to influence healthy eating?
- All participants will receive a copy of the 'Healthy Eating Active Living' resource.

Designed for

Anyone working with young people in a youth work, out-of-school or non-formal education setting.

Numbers: Maximum of 20 participants

Health Promotion in Youth Work and the National Quality Standards Framework*

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This training will give participants the opportunity to consider the core principles of the National Quality Standards Framework in particular the principle which is concerned with promoting the safety and well-being of young people. The training will consider the application of quality assurance systems to youth health promotion initiatives.

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*available on demand or tailored

Dates & Locations

14th March, Dublin

5th May, Donegal

7th April, Galway

10th May, Cork

Course fee: Free of charge

Duration: One day

Learning content

- Understand the concepts of good practice health promotion.
- Understand how National Quality Standards Framework applies health promotion initiatives in youth work.
- Quality assurance in implementing and evaluating health promotion initiatives.
- Quality assurance in relation to policy and strategy development within a youth organisation.
- How the Health Promoting Youth Organisation Process can complement and support the core principles of the Quality Standards Framework for Youth Work.
- Participants will receive a copy of the Health Quality Mark support manual.

Designed for

Anyone working in the area of health promotion in the youth sector or engaged NQSF process.

Numbers: Maximum of 20 participants

Health Promoting Youth Organisation - Health Quality Mark – Network Meetings

This is an opportunity for Health Promoters within youth organisations to exchange examples of good practice and consider current developments in youth health promotion. The meetings will address the criteria for the Health Quality Mark and issues in developing a health promoting youth organisation.

Dates & Locations

7th June, Dublin

9th June, Galway

14th June, Kerry

Course fee: Free of charge

Duration: One day

Learning content

- Exchange good practice in the area of youth health promotion.
- Issues and concerns in progressing the Health Quality Mark process.
- Current developments and new resources.
- Health promotion and the National Quality Standards Framework.
- Distribution of support manual for HQM.

Designed for

Anyone working within an organisation who has a Health Quality Award or considering beginning the process.

Numbers: Maximum of 20 participants

Leave it Till Later - Delay Training*

.....

This training course is offered in conjunction with the Crisis Pregnancy Agency. This training and accompanying resource will explore the concept of delaying early sex among young people.

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***available on demand or tailored**

Dates & Locations

15th & 16th February, Monaghan
9th & 10th March, Dublin

25th & 26th May, Cork
6th & 7th September, Galway

Course fee: Free of charge

Duration: Two days

Learning content

- To look at the causes and effects of early sex and current research findings.
- To understand the role played by the media and peer pressure on young people and early sex.
- To explore a range of ways of working with young people to help them make positive and healthy decisions for themselves.
- To gain skills to pass onto young people in how to say 'No' and resist pressure.
- To explore the role of friendship in the development of healthy relationships.

Designed for

Anyone working with young people in a youth work, out-of-school or non-formal education setting.

Numbers: Maximum of 20 participants

Let's Beat Bullying*

.....

This course addresses the issue of bullying by focusing on the issue in its widest sense including cyber bullying. It will also enable participants to examine a 'whole' organisational response to the issue of bullying.

.....

*available on demand or tailored

Dates & Locations

29th March, Galway

18th October, Dublin

Course fee: €35

Duration: One day

Learning content

- To define what bullying is and what it is not.
- To explore the nature of bullying and its effects.
- To explore strategies for prevention and intervention.
- To identify a rationale and process for developing an antibullying policy.
- To examine good practice guidelines for workers and organisations.
- To prepare participants to deliver a session on bullying to volunteers and staff in youth work settings.

Designed for

Anyone working with young people in a youth work, out-of-school or non-formal education setting.

Numbers: Maximum of 20 participants

Mental Health and Young People*

.....

This training is based on the ‘Good Habits of Mind’ support pack aims to examine how the issue of mental health impacts on young people. It also offers participants an opportunity to explore issues of good practice in relation to promoting mental health with young people.

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*available on demand or tailored

Dates & Locations

Please enquire with NYCI

Duration: One or two days

Course fee: Contact NYCI

Learning content

- To examine how the issue of mental health impacts on young people.
- To explore practical strategies for the promotion of mental health.
- To work with young people and develop effective coping strategies in times of difficulty.
- To examine referral and community support structures.

Designed for

Anyone working with young people in a youth work, out-of-school or non-formal education setting.

Numbers: Maximum of 20 participants

Specialist Certificate in Youth Health Promotion*

This is a 3rd level Certificate accredited by NUI Galway in Youth Health Promotion. This programme provides participants with the opportunity to make a real difference and facilitate their organisation towards becoming an effective setting for health promotion and lead the organisation to obtaining a Health Quality Mark.

*available on demand or tailored

Dates & Locations: 5 blocks of three days, Dublin

Course fee: €600

Duration: One academic year

Learning content

- Understand the concepts of health, health education & health promotion.
- Have knowledge of the historical context & background to health promotion.
- Understand the NQSF for youth work and apply quality assurance systems to youth health promotion initiatives.
- Critically analyse and evaluate participants' organisations as health promotion settings.
- Develop the skills and knowledge to plan, implement and evaluate a range of health promotion initiatives within their own work setting.
- Develop skills required for policy and strategy development within their organisation.
- Understand and apply the relevant health promotion theories and models to their own work with young people.
- Develop a wide range of practical group work and training skills and apply these to train others in their organisation.
- Understand the issues and influential factors relating to the current health status of young people.

Designed for

Anyone working with young people in a youth work, out-of-school or non-formal education setting, who are interested in promoting health within their work setting.

Numbers: Maximum of 20 participants

Key Standards

Relevance - All NYCI's courses are developed by people with extensive experience in the sector and therefore are developed specifically for individuals and organisations in the youth sector and not on a generic basis.

Effective Interaction - Our courses are open to staff and volunteers; youth workers and organisation management; and therefore where appropriate create an environment for interaction and effective learning.

Convenience - Training is either planned to a pre-set clear timetable or scheduled to fit in with an organisation's needs and demands.

Value - All of NYCI's courses are delivered on a free or a minimum cost basis. This means that there are no unexpected 'add-ons' to the cost and any fee paid only covers the cost of your participation on that course. NYCI does not make a profit on any of its training courses or learning initiatives.

NYCI's Commitment to Quality

NYCI is committed to ensuring that all of its learning and training opportunities have a consistent quality standard that applies across all of its courses.

Our courses are planned, developed and delivered by a team of highly qualified trainers and facilitators, either NYCI staff or contracted consultants, who have significant experience in their respective fields. NYCI also implements a rigorous process of monitoring and evaluating all of our events to ensure that standards are maintained.

We also give an assurance that the feedback received from such evaluation plays a critical role in informing the future development of our courses and in making improvements as and when required.



Notes



For more
information
or to apply
for a place on
a course visit

www.youth.ie/training

or e-mail

training@nyci.ie



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